

Occupational Therapy Cheat Sheet by kcook via cheatography.com/132088/cs/26654/

Cutting goals
will snip with scissors in 4 out of 5 trials with assist and% verbal cues to promote hand eye coordination for participation/ success in school setting.
will cut out a circle in 4 out of 5 trials with assist and% verbal cues to increase hand eye coordination for participation/ success in school setting.
will cut across a piece of paper in 4 out of 5 trials with assist and% verbal cues to promote separation of sides of hands and hand eye coordination for optimal participation/ success in school setting.

Assessme	nts	
PDMS-2	birth -72 months	grasp and visual motor
BOT-2	ages 4-21	Fine motor, manual & body coordination and strength
VMI-6	ages 2-100	visual motor, visual perception and motor coordination
Sensory Profile 2	ages 3-14 years and 11 months	sensory processing, social interaction and praxis

Levels of	Assist
Indepe- ndent	requires no assistance of any kind
Stand by assist	supervision by one person for safe and effective task completion
Min assist	Patient requires no more than 25% of physical assistance to complete task
Mod assist	Patient requires 50% of physical assistance to complete task
Max assist	Patient requires 75% of physical assistance to complete task
Total assist	Patient requires more than 75%-100% of physical assistance by one or more person to complete task

Writing goals
will draw straight line capital letters times in 4
out of 5 treatment sessions with assist and% verbal
cues for increased fine motor skills while maintaining a tripod grasp.
will write sentences using appropriate size and spacing times with assist and% verbal cues for increased fine motor skills while maintaining a tripod grasp.
write letters of the alphabet with 90%+ accuracy for correct letter formation times in 4 out of 5 treatment sessions with assist and % verbal cues for increased
dine motor skills and success in school setting.

Grasp goals
will open hand to grasp a variety of size objects times in 4 out of 5 treatment sessions with assist and% verbal cues for increased grasp and release accuracy.
will grasp a toy using BUE at midline in 4 out of 5 treatment sessions with assist and% verbal cues for increased grasp and release accuracy.
will trace first name with pencil/crayon folling correct letter formation with verbal prompts only, with 90% accuracy, 4/5 trials.

CPT Codes	
97530	Therapeutic activities
97110	Therapeutic exercises
97533	Sensory integration
97150	Group therapeutic procedures
97003	OT eval
97542	W/C management, fitting and training
97537	Community reintegration
97140	Manual therapy
97525	ADL retraining

SOAP	
S	Subjective
0	Objective
Α	Assessment
Р	Plan



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Documentation	
Child did something great	accomplished, achieved, created, engaged in age appropriate
Participated	engaged, explored, attempted, problem solved, performed
Child needed help	OT facilitated, OT encouraged, OT modified, OT guided, OT educated
You modified activity	adapted, graded, adjusted, OT presented multiple strategies for successful task completion

Resources
OT toolbox
OTdude
Therapy fun zone
Printpath.org
OT plan
Your therapy source blog



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