

success in school setting.

Occupational Therapy Cheat Sheet by kcook via cheatography.com/132088/cs/26654/

| Cutting goals | |
|--|---------------|
| will snip with scissors in 4 out of 5 trials with | assist |
| and% verbal cues to promote hand eye coordinatio | n for partic- |
| ipation/ success in school setting. | |
| will cut out a circle in 4 out of 5 trials with | assist and |
| % verbal cues to increase hand eye coordination for | r participa- |
| tion/ success in school setting. | |
| will cut across a piece of paper in 4 out of 5 trials w | ith |
| assist and% verbal cues to promote sep | aration of |
| sides of hands and hand eye coordination for optimal parti | icipation/ |

| Assessme | ents | |
|----------------------|----------------------------------|--|
| PDMS-2 | birth -72 months | grasp and visual motor |
| BOT-2 | ages 4-21 | Fine motor, manual & body coordination and strength |
| VMI-6 | ages 2-100 | visual motor, visual perception and motor coordination |
| Sensory Profile 2 | ages 3-14 years and 11 months | sensory processing, social interaction and praxis |

| Levels o | f Assist |
|-----------------------|---|
| Indepe- ndent | requires no assistance of any kind |
| Stand by assist | supervision by one person for safe and effective task completion |
| Min assist | Patient requires no more than 25% of physical assistance to complete task |
| Mod assist | Patient requires 50% of physical assistance to complete task |
| Max assist | Patient requires 75% of physical assistance to complete task |
| Total assist | Patient requires more than 75%-100% of physical assistance by one or more person to complete task |

| Writing goals |
|--|
| will draw straight line capital letters times in 4 |
| out of 5 treatment sessions with assist and% verbal |
| cues for increased fine motor skills while maintaining a tripod grasp. |
| will write sentences using appropriate size and spacing |
| times with assist and% verbal cues for |
| increased fine motor skills while maintaining a tripod grasp. |
| write letters of the alphabet with 90%+ accuracy for |
| correct letter formation times in 4 out of 5 treatment |
| sessions with assist and% verbal cues for |
| increased dine motor skills and success in school setting. |

| Grasp goals |
|---|
| will open hand to grasp a variety of size objects times in 4 out of 5 treatment sessions with assist and% verbal cues for increased grasp and release accuracy. |
| will grasp a toy using BUE at midline in 4 out of 5 treatment sessions with assist and% verbal cues for increased grasp and release accuracy. |
| will trace first name with pencil/crayon folling correct letter formation with verbal prompts only, with 90% accuracy, 4/5 trials. |

| CPT Codes | |
|-----------|--------------------------------------|
| 97530 | Therapeutic activities |
| 97110 | Therapeutic exercises |
| 97533 | Sensory integration |
| 97150 | Group therapeutic procedures |
| 97003 | OT eval |
| 97542 | W/C management, fitting and training |
| 97537 | Community reintegration |
| 97140 | Manual therapy |
| 97525 | ADL retraining |

| SOAP | |
|------|------------|
| S | Subjective |
| 0 | Objective |
| Α | Assessment |
| Р | Plan |



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| Documentation | |
|---------------------------------|--|
| Child did something great | accomplished, achieved, created, engaged in age appropriate |
| Participated | engaged, explored, attempted, problem solved, performed |
| Child needed help | OT facilitated, OT encouraged, OT modified, OT guided, OT educated |
| You modified activity | adapted, graded, adjusted, OT presented multiple strategies for successful task completion |

| Resources |
|--------------------------|
| OT toolbox |
| OTdude |
| Therapy fun zone |
| Printpath.org |
| OT plan |
| Your therapy source blog |



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