# Cheatography

Epithelium, Connective, & Muscle Tissue Epithelium Cheat Sheet by julezzz via cheatography.com/201301/cs/42607/

# Epithelium

Functions:	Covering, lining, absorption, secretion. Covers body surfaces, lines cavities, consti- tutes glands; for protection, absorption, secretion.
General Features:	Basal lamina, avascular, regeneration, polarity, junctional complex
Classific- ation:	Simple, stratified, pseudostr- atified; squamous, cuboidal, columnar.

## Specific Types:

Simple Squamous: Thin barrier, facilitates exchange (e.g., lung alveoli). Simple Cuboidal: Absorption and secretion (e.g., exocrine glands). Simple Columnar: Absorption, secretion, lubrication (e.g., intestine).

Appears stratified; secretion, cilia-mediated transport (e.g., respiratory tract). Stratified Squamous: Protection, prevents water loss (e.g., skin, esophagus). Transitional: Distensible property, changes shape (e.g., bladder).

Pseudostratified:

Simple Epithelia: Single layer; types include squamous, cuboidal, columnar. Stratified Epithelia: Multiple layers; types include squamous (keratinized, non-keratinized), cuboidal, columnar, transitional. Special Structures: Microvilli, cilia, stereocilia for absorption, secretion, sensory functions.

# **Connective Tissue**

Functions: Connects tissues, metabolic support, highly vascular. Components: Extracellular matrix (ground substance and fibers), connective tissue cells. Fibers: Collagen (tensile strength), elastic (elasticity), reticular (support). Cells: Fibroblasts (extracellular matrix synthesis), adipocytes (fat storage), macrophages (immune response), mast cells (inflammation mediators).

# **Connective Tissue**

Functions: Connects, supports, binds, or separates other tissues or organs. Components: Extracellular Matrix (ECM): Ground substance and fibers (collagen, elastic, reticular). Cells: Fibroblasts (principal cells), adipocytes, macrophages, mast cells, various blood cells. Types: Loose Connective Tissue: More cells, less fibers; supports organs, vessels, nerves. Dense Connective Tissue: More fibers, less cells; types include regular (tendons, ligaments) and irregular (dermis). Specialized Connective Tissue: Cartilage, bone, blood.

## **Muscle Tissue**

Characteristics: Contractility, movement, shape and size change of organs. Types: Skeletal Muscle: Striated, voluntary control. Cardiac Muscle: Striated, involuntary control, intercalated discs. Smooth Muscle: Non-striated, involuntary control, lines hollow organs.

#### Learning objectives

ANT.2: Understand the microscopic anatomy and functional correlates of epithelia.

ANT.2.1.Describethegeneralmicroscopiccharacteristicsofepithelia.

ANT.2.2.Classifythetypesofepitheliabasedontheirmicroscopicfeatures,sites,andfunctions.

MCB.16.1.Determinethetypeofcell-celland/orcell-matrixinteractionimportantforthenormalfunctionofatissue.

ANT.2.3.Describethemicroscopicanatomyofglands,theirmodesofsecretion,andfunctions.

ANT.3: Understand the microscopic anatomy and functions of connective tissues and muscles.

ANT.3.1.Differentiatethehistologicfeaturesofthetypesofconnectivetissue.

ANT.3.2.Distinguishconnectivetissuecellsandtheirfunctions.

ANT.3.3.Differentiatethemicroscopicanatomyofsmooth,skeletalandcardiacmuscletypes.

#### Textbook readings:

 PawlinaW. & Ross M. H. (2024). Histology: A Text and Atlas with Correlated Cell and Molecular Biology (9th ed.). Philadelphia, PA: Wolters Kluwer / Lippincott Williams and Wilkins. • http://auamed.idm.oclc.org/login?url=https://premiumbasicsciences.lwwhealthlibrary.com/book.aspx?bookid=3290

 Agur, A. M. R., Dalley, A. F., & Moore, K.
L. (2024). Moore's Essential Clinical
Anatomy (7th ed.). Philadelphia: Wolters
Kluwer.http://auamed.idm.oclc.org/login?url=https://premiumbasicsciences.lwwhealthlibrary.com/book.aspx?bookid=3243

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