

Questions to ask an ADD / ADHD Specialist

Consulting with an ADD/ADHD specialist or an experienced psychiatrist can help you understand the pros and cons of medication. Here are some questions to ask:

What ADD/ADHD treatments do you recommend?

Can my child's symptoms be managed without medication?

What medications do you recommend and what are the side effects?

How effective is medication for my child's ADD/ADHD?

How long will my child have to take medication?

How will the decision be made to stop medication?

Questions about ADD/ADHD medication and your child

Has my child been helped by non-medication approaches?

Has the school tried to teach my child to be more attentive and less active?

Is the decision to put my child on medication the result of behavioral observations over time and in different settings, such as in school and at home?

When is my child at his or her best?

Does my child have other conditions that can be mistaken for hyperactivity?

Q&A about ADD/ADHD medication and your child

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