

NURS 100: MIDTERM 1 Cheat Sheet

by jhundal via cheatography.com/25038/cs/17570/

Social Determinants of Health

income and social status

employment and working conditions

health

culture

gender

physical environment

social environment

health child development

individual health services

social support network

health services

biologic and genetic endowment

FIVE LEVELS OF HEALTH CARE

health promotion

disease and injury prevention

diagnosis and treatment

rehabilitation

supportive care

THE FIVE HEALTH PROMOTION

is multisectorial

requires knowledge

supports a holistic approach

requires a long term perspective

health issues in context

THE FIVE HEALTH PROMOTION **STRATEGIES**

is multi-sectorial

supports holistic approaches

draws on knowledge from social, economic, political environments, medical and nursing sciences, as well as from first hand experience

addresses health issues in context

requires long term perspective

3 LEVELS OF PREVENTION

activities conducted prior to

(eg. immunization)

secondary promote early detection once

pathogenesis has began (eg.

pathogenesis and symptoms

pap test)

helps deal with symptoms and

minimizes disabilities due to pathogenesis (eg. rehabilit-

ation)

FIVE STEPS OF THE NURSING ASSESSMENT

assessment

diagnosis

tertiary

planning

intervention

evaluation

PREREQUISITES FOR HEALTH (JAKARTA)

empowerment of women

social relations

social security

respect of human rights

3 MODELS OF HEALTH CARE

medical westernized concept of medicine, medical intervention approach

is solution, mainly physiological

illness

behavihealth promotion and public oural

approach

approach

health, health is based on

health determinants of client and responsibility is on them

health is closely tied to social socio--

envirostructure

nmental

OTTAWA CHARTER HEALTH PROMOTION STRATEGIES

reorient health services

building health public policy

strengthen community action

develop personal skills

create supportive environments

FIVE PRIMARY HEALTH CARE

health promotion

prevention and treatment of illness, injury

and disease

emergency essential services

inter-agency / program referrals and coordi-

primary mental health, maternity, rehabilit-

ation and palliative care

COMPONENTS OF COMMUNITY ASSESSMENT

community statistics and people

populations data

observe physical environment structure

(eg. walking survey)

social look online for information

systems

By jhundal

cheatography.com/jhundal/

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