"While" ながら、たまま、etc Cheat Sheet by jennilee via cheatography.com/202026/cs/44634/

V-ます ながら "While"

V- ます ながら	
-One agent doing two active actions done simultaneously by the sa	ame person
-If done by different persons, use あいだ	
-Only used for verbs	
$!\Box!\Box$ Note: The tense should be decided in the main (2nd) clause	
□テレビを見ながら (subordinate clause) 、朝ごはんを食べます	□I eat breakfast (main clause) while watching TV (subordinate).
(main clause)。	
お母さんは色んなことを考えながら、皿を洗います。	Mom washes the dishes while thinking of various things.
悪いと知りながら、彼女はお金を【盗む】ぬすんだ。	While knowing it was bad, she stole the money.
【失礼】しつれいですから、食べなら話すな。	Because it's rude, don't talk while eating. (Because it's rude, don't talke
	with your mouth full.)
ビールを飲みながら、話そう。	Let's talk over beer. (Let's talk while drinkin g beer.)
夜学校にいきながら、【昼】ひる働いていました。	I was working during the day while going to school at night.
電話を使いながら、運転するのは【危険】きけんです。	Driving while using the phone is dangerous.
みんなは山に【登る】のぼりながら、歌を歌っています。	Everyone is singing a song while climbing the mountain.

V-たまま / まんま "While"

V-たまま / まんま "While doing (ongoing state); with; having; as is (to remain)"

V-ないまま "While not doing (ongoing state); without ; With no; as is"

Formation:			
Noun + の			
い-adjective			
な-adjective + な			
Verb (た form)			
Verb (ない form) + まま			

-The action in *ま* clause has resulted in an ongoing state.

-State is continuous and has not changed

「まま」 is a pseudonoun and effectively nominalizes the verb clause before it making it a noun clause.

-Subject of the main and subordinate clause don't have to be the same (not the same with $\alpha \delta \beta$)

-When the subjects of the main and subordinate clause are different, particle は shall be used if the subordinate clause takes が particle

XXDONTs: Cannot be used for continuous action (Ex. He kept talking for two hours).



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V-たまま / まんま "While" (cont)			
V-たまま "While doing (ongoing state); with; having; as is"	V-ない まま "While not doing (ongoing state); without (doing) ; With no; as is"	Adj い/な + まま "While staying Adj"	Noun + の + まま "Same as (noun)"
私立ったまま、昼ごはんを食べます。	彼は何も言わないまま部属	屋を出ました。	
I eat lunch while standing up.	He left the room without saying anything.	【麺】めんを【茹でる】ゆで て、暑いまま、ソーズの中に入 れる。 You boil the noodles and while hot, put it into the sauce.	あの子供達は私のままにな らない。 Those children won't be in my control. (Lit. I can't control those children.)
Explanation:	Explanation:	彼女は綺麗なまま死にたいと 言っていました。 She said she wants to die while staying beautiful.	この【町】まちは昔のまま- 変わっていない。 Same as a long time ago, this town has not changed.
While standing up = results in a state (takes \ddagger \ddagger) because Japanese views standing up as an action that finishes the moment you stand up. It is not deemed as ongoing active action	Without saying anything = state of existing (that he hasn't said anything; therefore, taking まま)		
【靴】くつを履いたまま、部屋の中に入らない- でください。Please don't enter the room with your shoes on.	電気を【消さない】け さないまま寝てしまい ました。 I fell asleep without turning off the lights.		
【窓】まどを閉めたまま【残す】のこしてはい- けません。You're not allowed to leave the window closed.	好きっていえないまま 帰った。 I went home without being able to say I love her.		
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V-たまま / まんま "While" (cont)

ラジオつけたまま、仕事しましょう。Let's work with the rado	なんて言ったらいいかわからないままバイバイした。 I said goodbye
(turned) on.	without knowing what to say.
あそこに座ったまま、彼は何もしませんでした。 While	英語が話せないままアメリカに行った。 I went to the USA without being
sitting there, he did nothing.	able to speak English.

V-たまま "as it is"; Still remained (the same)"

アメリカに行ったまま、田中さんは戻らなかった。	Mr Tanaka went to the US and did not return. (Having gone to the US (as is), Mr Tanaka did not return.
【水着】みずぎのままレストランに行く。	I will go to the restaurant with my swimming suits on.
学校は【昔】むかしのままだった。	The school was just as I remembered.
【健康】けんこうなままでいてね。	Please stay healthy.
いつまでも/ずっと【若い】わかいままいたいです。	I want to stay young forever.
います : to stay	

2 different subjects for V-たまま

【窓】まどが閉まったま (で) 寝てしまいました。 I unfortunately slept while the window was closed. Subject of the main clause:私(は) Subject of the subordinate clause:【窓】まど(が)

!ロ!ロNote: When 「まま」 is directly followed by a verb other than する、we can put the particle (で) after it. It's like a method of how you slept. (I slept with the window closed)

Sentence with Direct Object for V-たまま

彼女はいつも聴いたままの【話】はなしを伝えます。

She always relays stories as she hears them.

Main Clause: 彼女はいつも話を伝えます。

Direct Object: 話

What kind of stories: 聴いたまま話

【日記】にっきに見たままの【経験】けいけんを書いた方がいいです。

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V-たまま / まんま "While" (cont)

It's better to write in your diary experiences as you saw them.

Main Clause: 【日記】にっきにけいけんを書いた方がいいです。

Subordinate: As you saw them

Direct Object: 【経験】けいけん

What kind of experiences: 見たままの

Demonstrative words ここ、その、あの + まま

このまま: just like this; the way it is

ありのまま : as it is; the way it is このまま : just like this; the way it is

ありのまま: as it is; the way it is

このままでいいですか。

Can I just give it back to you as it is? (Without any bag; without putting it into the bag) (Lit. This, as it is, is it okay?)

□□そのままでいいです。

□□そのままで【結構】けっこうです。

□□そのままで大丈夫です。

You can leave it as it is. (Without any bag) / You can leave it like that.

このまままっすぐ行ってください。

Please keep going straight (just like this).

**

まま = Common Expressions:

【我がまま】わがまま:selfishness あるがままの【人生】じんせい: life as it is

【意】いのままにする: do as one pleases

どうぞそのまま: be as you are (Ex. When someone stands to greet you and you tell them, "There's no need to do that, just stay where you are. どうぞそのまま")

Other ways	s to say: "Without doing"			
	[╤] "While not doing (ongoing out (doing) ; With no; as is"	V- ない + ずに	V- ないで	Noun + がない "Without Noun"
-The action an ongoing	n in まま clause has resulted in state.	!□!□Note: する verb has a different conjug- ation for ずに。 It should be せずに。		
		-Formal		
お金がない しまった。	のを考えないまま、車を買って	友達は、【時計】とけ意を見た後で、何も言 わずに、帰ってしましました。	勉強しないで、【合格】 ごうかくしました。	窓がない部屋に3 年住んでいます。
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Other ways to say: "Without doing	." (cont)		
I bought a car without thinking that there's no money.	My friend went back home after looking at her watch without saying anything.	I passed the exam without studying. (Lit. Without studying, I passed the exam.)	I've been living in a room without a window for 3 years.
日本語の知らないまま、メア リーは日本に【留学】りゅうがく した。	私の息子はよく考えずに【行 動】こうどうします。	ロックダウンの【間】あいだは【化粧】け しょうをしないで【1日】いちにち を過 ごしました。	
Mary studied abroad in Japan without knowing Japanese.	My son often acts without thinking.	During the lockdown, I spent the whole day without doing makeup.	
ドアを閉めないまま、家を出て しまいました。	勉強せずに、【合格】ごうかく しました。		
I (unfortunately) left the house without closing the door.	(Lit. Without studying, I passed the exam.)		
【効果】こうかが【確認】かく にんできないまま、その薬を飲ん でしまった。			
I took the medicine without being able to confirm its efficacy.			

**

VOCABS:

【行動】こうどする:to act ~の間:During 【効果】こうか:efficacy

間(に) "While; During"

間(に) "While (someone is doing something); during (the time when something is..."

Formation:

V-ている + 間(に) いる/いない + 間(に)

ある/ ない + 間(に)

-Used with two simultaneous actions

-Done by the same or different subjects

-The duration of the main action could be the same or shorter than the action in the "while" clause.

-In most cases, うちに can substiture あいだ(に). But only うちに can be used for "While NOT doing"; whilst あいだ(に) does not.

-Tense of the whole sentence depends on the main clause



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間(に) "While; During" (cont)

 $!\Box$! \Box NOTE: If the subject of the subordinate clause is different from the main clause, the subject in the subordinate clause takes the particle ϑ of the main (2nd) clause typically takes \natural particle.

あいだ	あいだに
-Action 1 and Action 2 have the same duration	-Action 2 (main clause) is shorter than that in the subordinate clause
田中さんは晩御飯を食べているあいだ映画を見ていました。	田中さんは晩御飯を食べているあいだに映画を見ていました。
Mr Tanaka was watching a movie while eating dinner. (While eating dinner, Mr Tanaka was watching the movie.	Mr Tanaka was watching a movie while eating dinner.
Nuance:	Nuance:
The whole time Mr Tanaka ate dinner, and watching a movie are of the same duration.	The whole time Mr Tanaka ate dinner, he watched the movie for a (portion) of the time. NOT the WHOLE time.
生きているあいだ、頑張ります。	
I'll try my best while I'm alive. (Throughout my whole life, I will do my best.)	
日本にいるあいだ、日本語を勉強します。	日本にいるあいだに、日本語を勉強します。
I'll study Japanese the whole time I'll stay in Japanese.	I'll study Japanese part of the time while I'm in Japan.
If the subject is the same = Can use あいだ or V- ます ながら = SAME ME/	ANINGS
あいだ(に) "While (doing something)"	V- ます ながら "While (doing something)"
田中さんは晩御飯を食べているあいだ、映画を見ていました。 Mr Tanaka was watching a movie while eating dinner.	田中さんは晩御飯を食べながら映画を見ていました。 Mr Tanaka was watching a movie while eating dinner.
**	

DIFFERENT SUBJECTS FOR 2 ACTIONS (subordinate clause (Subject t), main clause (Subject t)

 $!\Box$! \Box NOTE: If the subject of the subordinate clause is different from the main clause, the subject in the subordinate clause takes the particle ϑ of the main (2nd) clause typically takes \natural particle.

子供が寝ているあいだに、まりさんはご飯を作ります。

While the child is asleep, Mari makes meals (part of the time).



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間(に) "While; During" (cont)

【稽古】けいこさんが歌っているあいだに、けんくんは【踊る】おどる。

While Keiko is sings, (at some point) Ken dances.

【稽古】けいこさんが良好しているあいだに、彼女の犬が病気になった。

While Keiko was traveling, (at some point) her dog became sick).

い-Adj + あいだ(に)	な-Adj な + あいだ(に)	Noun + の + あいだ(に)
	-あいだ is technically a noun; hence, it follows after Adj-な	-Used with nouns that denotes some kind of duration: seasons, time of year, time activities, etc.
		-Used with の since あいだ is a Noun.
天気が寒いあいだ、【暖房】だんぼうをつけます。	【回り】まわりが【静か】しずかな あいだに、【宿題】しゅくだいをし た方がいいです。	春休みの間に、友達とサッカーをしま す。
While the weather is cold, I turn on the heater. (I turn on the heater the whole time the weather is cold.)	It's better to do homework while the surroundings are quiet.	Sometime during spring break, I`ll play soccer with my friends.
長い間、彼女とは会いませんでした。	おじいさんはまだ元気なあいだに、 よく泳ぎました。	5月の間、英語を勉強します。
l didn't see her this whole time. (Using あいだに here does not make sense since it would imply that you met once in a while over a long time.)	Grandpa often swam when he was still healthy.	For the whole month of May, I'll study English.
若いあいだに、たくさん旅行してください。		大学生の間、アルバイトをしますた。
While young, please travel a lot. (Using あいだ in this sentence would mean, "Please travel this whole time while you're young", which is impossible.)		The while time I was a university students, I did partime jobs.
		試験の間、トイレに行ってはいけませ ん。
		You're not allowed to go to the restroom the whole duration of the exam.

うちに "While; During"

うちに is a set phrase; hence, the に must be there.



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うちに "While; During" (cont)

-Can often substitute for 間(に) as they have the same functions (ONLY that it can be used with V-ない and V-potential to which 間 cannot be used). It can be used for Verbs, Adj, Nouns

-It's not clear whether the two actions are of the same duration or not.

```
★★DONTs: Cannot be used for events (eg. 【会議】かいぎ、【試合】しあい、【授業】じゅぎょう、【結婚式】けっこんしき (wedding ceremony or other ceremonies)、パーティー、【選挙】せんきょ (elections) because events have time boundaries. Used あいだ(に) instead.
```

□□お金があるうちに、欲しかった服を買います。

□□お金がある間に、欲しかった服を買います。

I'll buy the clothes I want while I have money.

□□Conjugations that CANNOT be used with 間に:

V-ない + うちに = "While I don't; While it is not yet; Before I...; Before it gets..."

Ability + + うちに = "While you can do..."

歩】さんぽします。 Before it rains, I'll

stroll in the park with my dog.

V-ない + うちに = "While I don't; While Ability + + うちに = "While you can do..." it is not yet; Before I...; Before it gets..."

忘れないうちに、その話を【日記】
元気に歩けるうちに、山に登る【登る】のぼtたり旅行したりしたいです。While I can walk well, I
にっきに書いておく。Before I forget,
I'll write that story down in my dictionary.
雨が降らないうちに、犬トコ園を【散
なんでも食べられるうちに、いろんな料理を食べてみてください。While you can eat eating,

なんでも食べられるうちに、いろんな料理を食べてみてください。 While you can eat eating, please try eating different cuisines.

【暗い】くらくならないうちに、テニスをしよう。 Let's play tennis before it gets dark.

い/な-Adj + うちに	Noun + の + うちに
うちに is a noun; hence, you have to attach it after an adjective.	-Nouns used with うちに denotes some kind of duration just like 間(に). Just like: seasons, time of year, time activities, etc.
らメンは暑いうちに食べた方が美味し いです。 It's better to eat ramen while it's hot.	-Used with の since うちに is a Noun.
	★★DONTs: Cannot be used for events (eg. 【会議】かいぎ、【試合】しあい、【授業】じゅぎょ- う、【結婚式】けっこんしき (wedding ceremony or other ceremonies)、パーティー、【選挙】せん きょ (elections) because events have time boundaries. Used あいだ(に) instead.

若いうちに、よく遊べ。	春【野菜】やさいは冬のうちに、	【種蒔き】たねまきをしておきます。



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うちに "While; During" (cont)

Play hard while you're young.

【暇】ひまなうちに、【運転免許】うんてんめんきょをもらいなさい。 Get your driver's license while you're free. Spring vegetables are sown in advance during the winter.

【蟻】ありは夏のうちに、冬の【準備】じゅんびをします。 Ants do winter preparations during hot summer. 休みのうちに、たくさんの映画を見ます。 During my vacation, I'll watch many movies.

□□DONTs: EVENT NOUNS DON'T USE うちに。間に SHALL BE USED INSTEAD.

★【会議】かいぎのうちに部屋から出てはいけません。

□□【会議】かいぎのうちに部屋から出てはいけません。

You're not allowed to leave the room during the meeting.



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