

~につれて vs ~に従って

~につれて B	「自然に変化していく」	→ relatively natural/conversational
~に従って (した がって) B	「ある進行・変化に従って」	→ neutral/formal; often used for trends/progression
~と共に (ともに) B	「一緒に・同時に」	→ neutral to formal; also has meanings like “together with”
~に伴って (とも なって) B	「ある変化に関連して別の変化・問題が発生」	→ quite formal, especially common in news, reports, announcements, academic/business writing

Way to memorize all 4

Grammar	Core image	Feeling
につれて	□ Being taken along	Natural gradual change
に従って	□ Following/obeying	Following a progression/rule
と共に	□ Together	Simultaneously/together
に伴って	□ Accompanied by	A brings B along; formal

for remembering:

Daily/natural changes → につれて

Formal/logical progression → に従って

Together/simultaneously → と共に

Big social changes/consequences → に伴って

Daily/natural changes → につれて

~につれて □ “As X changes, Y naturally follows”	~に従って □ “As X progresses, Y follows it”	~と共に □ “Together with / at the same time as”	~に伴って (にもなって) □ “As X changes, Y comes along with it”
= X moves → Y naturally follows behind it. □⇒□	=X □ → Y follows X	X □ Y	This is the one that deserves special attention.
It emphasizes a gradual change.	This is very similar to につれて, but there's a subtle difference.	A broader grammar. They happen together.	伴う (ともなう) = to accompany / go along with
□ Memory につれて = “being taken along”	従う (したがう) = to follow / obey	共に (とともに) = together	X changes → □ Y comes with it
X changes → Y gets taken along with X.	The emphasis is on following a direction, progression, standard, or rule.		It's similar to につれて, but に伴って sounds more formal and often emphasizes consequences or changes that accompany a major event/change.

例 :



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Daily/natural changes → につれて (cont)

年齢を重ねるにつれて、考え方も変わってきた。As I get older, my way of thinking has also gradually changed.	【年齢】ねんれいが上がるに従って、必要な【費用】ひょうも増える。As age increases, the necessary expenses also increase.	【時代】じだいと共に、生活も変化してきた。Along with the times, lifestyles have changed.	【人口】じんこうの【増加】ぞうかに伴って、- 【交通問題】こうつうもんだいも【深刻】しんこくになった。Along with the increase in population, traffic problems also became more serious.
<i>The age increases → thinking naturally changes along with it.</i>	Here, you're looking at a progression: age ↑ → expenses ↑	The focus isn't necessarily that one causes or pulls the other.	The population increases → related consequences come along with that change.
		It's simply: 時代 changes □ 生活 changes	高齢化に伴って、介護サービスの【需要】じゅようが増えている。Along with the aging of the population, demand for care services is increasing.
日本語が上達するにつれて、会話が楽しくなった。As my Japanese improved, conversations became more enjoyable.	時間がたつに従って、気温が下がってきた。As time passed, the temperature gradually fell.		This sounds very natural in news, reports, academic writing, business, etc.
There isn't necessarily a rule saying this must happen. It's a natural progression.	The temperature follows the progression of time.	春が来ると共に、暖かくなってきた。As spring came, it became warmer.	
		The two changes occur together.	
□ につれて vs に従って		□ につれて vs と共に	□ The really important distinction
These can sometimes be interchangeable:		Compare:	Look at these four:
年齢を重ねるにつれて、体力が落ちる。		年齢を重ねるにつれて、体力が落ちる。	□ につれて

Daily/natural changes → につれて (cont)

年齢を重ねるに従って、体力が落ちる。	= As I age, my physical strength naturally declines.	人口が増えるにつれて、住宅も増えていった。As the population increased, housing also gradually increased.
Both:	The relationship between the two changes is important.	→ natural progression
As you get older, physical strength declines.	vs.	□ に従って
But the feeling differs slightly:	時代と共に、生活も変わった。	人口が増えるに従って、住宅の【需要】じゅうようも【高まる】たかまった。As the population increased, demand for housing rose accordingly.
につれて → focuses on the natural accompanying change	= Along with the times, lifestyles changed.	→ following the progression
に従って → focuses more on the progression/trend	The idea is more:	□ と共に
Easy test:	The idea is more:	【人口】じんこうの【増加】ぞうかと共に、【都市】としも【発展】はってんした。Along with population growth, the city also developed.
Ask yourself:	"These two things changed together over time."	→ two developments occurring together
→ につれて	□ Memory	□ に伴って



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Daily/natural changes → につれて (cont)

"Am I picturing Y naturally being carried along?" につれて = 人口の【増加】ぞうかに伴って、【交通問題】こうつうもんだいも【深刻化】しんこくかした。
following Along with the population increase, traffic problems also became more serious.

→ に従って と共に = → a change/event brings associated consequences
together

"Am I picturing Y following the progression of X?" □ One-picture memory trick

Imagine population increasing:

につれて □

Population walks forward → housing follows

人口が増えるにつれて、住宅も増える。

=Natural gradual change.

に従って □

Population goes up → another thing follows the graph

人口が増えるに従って、需要も増える。

Following a progression/trend.

と共に □

Population + city hold hands

人口の増加と共に、都市が発展する。



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Daily/natural changes → につれて (cont)

=Together/simultaneously.

に伴って □

Population change has consequences attached to it

人口の増加に伴って、交通問題が起こる。

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