Cheatography

Erik Erikson & Psychoanalytic Ego Psychology Cheat Sheet by jcat123 via cheatography.com/168072/cs/35291/

Formulation of Concepts

ego identity formation - development of a sense of who one is within cultural and environmental frameworks

epigenetic stages of psychosocial development - consider ego development within context of a individuals psychosocial envrionment

developmental progression of human life from birth to old age

ego strengths - 8 stages of human development

1. psychosocial theory expanded ego 2. psycho historical studies - exemplifies his theories in the lives of famous individuals **balance between the 2**

Development

social aspects are emphasized classical psychoanalysis does not take into account the functions that psychoanalytic ego psychology does.

Marcias 4 identity stages

identity diffusion - unclear sense of who one is (some adolescence have not yet experienced)

foreclosure - adopting an identity without going through identity crisis

moratorium - currently going through identity crisis

identity achievement - resolved identity crisis

Ritualisms & ritualizations

ritualisms - move away from identity, departure from self and culture. (social, destiny, worthiness, interpreting, sanctification, moral and identity)

ritualization - move toward ones identity and culture, positive of the two

STAGES

1. numinous - baby sense of holy presence of the mom vs idolism - hero worship

2. judicious ritualization different style between right and wrong vs legalism - letter of the law rather than spirit of the law

3. dramatic ritualization - play acting, wearing costumes vs impersonation -disconnected role play

4. formal ritualization - child learns methodology vs formalization - meaningless formalities (craft idiot) blindness to purpose and meaning

5. ritualization - coherent set of ideas and ideals vs totalism fanatic obsession with whats right /ideal

6. affiliative ritualization sharing of work, friendship and love vs elitism - formation of exclusive groups that are a form of communal narcissism

7. regeneration - ritualization of parent hood vs authoritism encroachment of authority incompatible with care

 8. integral - ability to integrate the past stages of life vs sapientism - unwise proneness of wisdom

STAGES (cont)

9th stage - shift from materialism to the spiritual and cosmic

Erikson

interdisciplinary impact refutability - maricas identity status = measurable

Hammchecks, Domino & Affonso - measure of psychosocial stages

Stages con't

Approximate Age	Psychosocial Crisis/Task	Virtue Developed
Infant - 18 months	Trust vs Mistrust	Норе
18 months - 3 years	Autonomy vs Shame/Doubt	will
3 - 5 years	Initiative vs Guilt	Purpose
5 -13 years	Industry vs Inferiority	Competency
13 -21 years	Identity vs Confusion	Fidelity
21- 39 years	Intimacy vs Isolation	Love
40 - 65 years	Generativity vs Stagnation	Care
65 and older	Integrity vs Despair	Wisdom

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