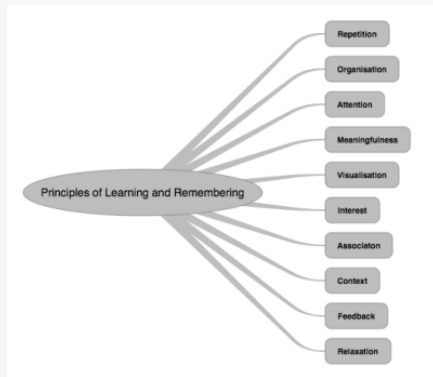


## the principles of learning and remembering



## how to apply

Set Clear Learning Goals

Active Engagement:

Use Effective Learning Strategies

Minimize Distractions

## the importance

Efficient Skill Acquisition	Effective Problem Solving
Personal Development	Critical Thinking
Academic Success	Fostering Creativity



By Irdinaasuhairi

Not published yet.  
Last updated 5th September, 2023.  
Page 1 of 1.

Sponsored by **Readable.com**  
Measure your website readability!  
<https://readable.com>