

What is an AI interview assistant?

An AI interview assistant is a real-time copilot that listens to interview questions and suggests strong answers on the spot. Use it for mock practice before the interview and discreet live support during it.

Overview block

Key features

Real-time answers	Listens to each question and streams suggested answers as you speak.
Dual-device mode	Use your phone as a discreet second screen while on camera.
Meeting overlay	Works invisibly over Zoom, Teams, Google Meet and phone calls.
Mock practice	Run AI-led mock interviews with instant feedback on clarity and structure.

Key features block

Popular question types

Behavioral	'Tell me about a time...' — tests past experience and soft skills.
Technical	Coding, system design, or role-specific problem solving.
Situational	Hypothetical scenarios that test judgement and process.

Question types block

The STAR method

S — Situation	Set the scene in one or two sentences.
T — Task	Describe your responsibility or the goal.
A — Action	Explain exactly what YOU did.

R — Result	Quantify the outcome and share what you learned.
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STAR method block

Preparation checklist

Research the company: mission, products, recent news.

Prepare 5–8 STAR stories (leadership, conflict, failure, success).

Rehearse a 60-second self-introduction.

Test camera, mic, and internet before video calls.

Prepare 3 smart questions to ask the interviewer.

Preparation checklist block

Tricky questions, simple formulas

'Tell me about yourself'	Present → past → future: current role, background, why this job.
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'Biggest weakness?'	Real weakness + concrete steps you are taking to fix it.
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'Why should we hire you?'	Two proof points + how they map to this role.
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Salary expectations	Give a researched range, never a single number.
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Tricky questions block

During the interview

Pause 1–2 seconds before answering hard questions.

Mirror the interviewer's energy and pace.

Ask clarifying questions before answering case problems.

Take brief notes — it shows engagement.

During interview tips block

After the interview

Send a thank-you email within 24 hours.

Reference one specific topic you discussed.

Follow up once if there is no reply within a week.

After interview block



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