

Psychology Cheat Sheet by Ilikekittens92 via cheatography.com/20454/cs/3231/

Developmental Principles

Unit 1

- 1. Development is similar for every child
- 2. Development builds on early learning
- 3. Proceeds at an individual rate
- 4. Development is interrelated
- 5. You develop all throughout your entire life.

Understanding Infants 3

6-12 months Reflexes

6 to 9 months• rolls both ways• sits without support; stands with assistance picks up toys with thumb and side of forefinger. moves between sitting and lying down• crawls, creeps or shuffles on bottom9 to 12 months pulls up into an unsteady stand a month or two before first step. points with index finger

Developmental Tasks

Milestones Milestones

Smile. Early on, it will be just to

herself. But within three months, she'll be smiling in response to your smiles and trying to get you to smile back at her.

Raise her head and chest when on her tummy.

Track objects with her eyes and gradually decrease eye crossing.

Open and shut her hands and bring hands to her mouth. Grip objects in her hands. Take swipes at or reach for dangling objects, though she usually won't be able to get them yet.

Parts of the Brain 2

The Limbic Cerebellum System

Parts of the Brain 2 (cont)

his The limbic system, structure is often referred to associated as the "emotional brain". is found with regulation buried within the cerebrum. Like the and coordicerebellum, nation of evolutionarily the movement. structure is rather posture, and balance.

Thalamus- The structure has sensory and motor functions Amygdala- involved in memory, emotion, and fear. Hypothalamus- functions including homoeostasis, emotion, thirst, hunger, circadian rhythms, and control of the autonomic nervous system. Hippocampus- learning and memory . . . for converting short term memory to more permanent memory

Parts of the Brain 1

The Cerebrum- with higher brain function such as thought and action.

Frontal Lobe- associated with reasoning, planning, parts of speech, movement, emotions, and problem solving Parietal Lobe- associated with movement, orientation, recognition, perception of stimuli. Occipital Lobe- associated with visual processing Temporal Lobe- associated with perception and recognition of auditory stimuli, memory, and speech

Types of Observation

Running: A detailed narrative account of behavior recorded in a sequential manner as it happens.

Understanding Infants

Reflex	Stimulation	Response	Duration Intiatve v
Babinski	Sole of foot stroked	Fans out toes and twists foot in	Disappears at nine months to a year
Blinking	Flash of light or puff of air	Closes eyes	Permanent O: 14 A aug
Grasping	Palms touched	Grasps tightly	Weatherns at three in Guilts Age
Moro	Sudden move; loud noise	Startles; throws out arms and legs and then pulls them toward body	Disappears at three 13 our months
	Cheek stroked or side of mouth touched	Turns toward source, opens mouth and sucks	Disappears at three to four mouths
Stepping	Infant held upright with feet touching ground	Moves feet as if to walk	Disappears at three to four mouths
Sucking	Mouth touched by object	Sucks on object	Disappears at three to four mouths
Swimming	Placed face down in water	Makes coordinated swimming movements	Disappears at six to seven months
Tonic neck	Placed on back	Malces fists and turns head to the right	Disappears at two months

Head to foot. Long before birth, the baby's head takes the lead in development. A newborn's head is still large in proportion to the body. The same head-to-toe pattern continues after birth. Near to far. Development starts at the trunk of the body and moves outward. First, babies simply wave their arms when they see an object they wantSimple to Complex. At first, babies' main activities are sleeping and eating. Gradually, they learn more complicated tasks

Theorsts 1			
Erik Erison	Montessori	Jean Piaget	
Trust vs. Mistrust Age: Infancy o to 1	Children thrive on order and structure	Sensor- imotor(0- yrs) they exist separatel from the objects and people	Ego

around them

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Autonomy	Children	Preope-		
Vs.	move	rational(2-		
Shame	through	7		
Age: 1-3	sensitive	yrs)Once		
	periods	children		
		acquire		
		language,		
		they are		
		able to		
		use		
		symbols		

Children

need	Operation-
freedom	al(7-11
	yrs)ch-
	ildren are
	able to see
	things from
	different
	points of
	view and to
	imagine
	events that

occur

lives.

Formal

outside

their own

Concrete Operation-

Industry	Children
Vs Inferi-	absorb
ority Age:	their
5 -12	culture

Operational(11+ yrs)round the onset of puberty, children are able to reason in much more abstract ways and to test hypothese

Little Teachers: Listening better to older children Confusion

Anecdotal records: A brief narrative account describing an incident of a child's behavior that is of interest to the observer.

Frequency: counts are a record of the number of times a specific behavior occurs within a specific time period.



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Theorsts 1 (cont)			Reflexes (cont)		Theorsts 2 (cont)			Theorsts 2 (cont)	
Generativi Stagnation Age: 40 - 6 Ego Integr	Care.	Children are natural learners	Swimming	Placed face down in	Makes coordinated swimming movements	Negative Reinforce- ment: Remove	Develo- pment can not be	Safety needs: Needs where a	Self-actualization When/Then – Abuse It/Lose It Principle – "When you have finished your homework, then
Reflexes Babinksi	Stimul- ation: Sole of foot stroked	Fans out toes and twists foot in	Tonic Neck Understand	Fonic Placed Makes fists Neck on and turns back head to the right Junderstanding Infants 2	following from correct soc behavior. con Taking away a sticker	separated from it's social context	needs to feel safe	you may watch TV."Incompatible Alternative Principle – Give the child something to do that he can't do while misbehaving.Choice Principle – Give the child two choices, both of which are positive and acceptable to	
Blinking	Flash of light or puff of air	Closes eyes	Milestones in the First Year 1 to 3 months• prefers looking at high areas of faces: forehead, eyes, mouth visually follows a			from the child if they are bad Positive Lea	Learning	Love and	you.Make a Big Deal Principle Make a big deal over responsible, considerate, appropriate behavior with attention,Talk About Them Positively to
Grasping	Palms Touched	Grasps Tightly		et when it is moved als open out from fists.		Punish- ment: Add	can lead		Others, Modeling Principle
Moro	Sudden move; Loud noise	Startles; throws out arms and legs and then pulls them toward body	2 to 4 months• when placed on tummy, baby can lift head and shoulders• can briefly hold a toy when you place it in his palms• brings hands into eye range.4 to 6 months• begins to roll from tummy to back• reaches for objects• brings toys to mouth to explore them			noxious stimuli following behaviour. Spanking a child for cursing Negative Punish-	pment	Esteem	
Rooting	Cheek stroked or side of mouth touched	Turns toward source, opens mouth and sucks	Theorsts 2 B.F Skinner Positive Reinforce-	Lev Vygotsky Children construct	Hierarch of Needs Physio-	ment: Remove 's appetative 'ny stimulus s following	central role in mental develo- pment		
Stepping	Infant held upright with feet touching ground	Moves feet as if to walk	ment: Add their needs: appetative knowledge Body stimulus needs following correct behavior(- Giving a		child to go to his room for cursing				
Sucking	Mouth touched by object	Sucks on object	treat)						



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