

# **Psychology Cheat Sheet** by Ilikekittens92 via cheatography.com/20454/cs/3231/

#### **Developmental Principles**

#### Unit 1

- 1. Development is similar for every child
- 2. Development builds on early learning
- 3. Proceeds at an individual rate
- 4. Development is interrelated
- 5. You develop all throughout your entire life.

#### **Understanding Infants 3**

#### 6-12 months Reflexes

6 to 9 months• rolls both ways• sits without support; stands with assistance picks up toys with thumb and side of forefinger. moves between sitting and lying down• crawls, creeps or shuffles on bottom9 to 12 months pulls up into an unsteady stand a month or two before first step. points with index finger

#### **Developmental Tasks**

#### Milestones Milestones

Smile. Early on, it will be just to

herself. But within three months, she'll be smiling in response to your smiles and trying to get you to smile back at her.

Raise her head and chest when on her tummy.

Track objects with her eyes and gradually decrease eye crossing.

Open and shut her hands and bring hands to her mouth. Grip objects in her hands. Take swipes at or reach for dangling objects, though she usually won't be able to get them yet.

#### Parts of the Brain 2

The Limbic Cerebellum System

#### Parts of the Brain 2 (cont)

his The limbic system, structure is often referred to associated as the "emotional brain". is found with regulation buried within the cerebrum. Like the and coordicerebellum, nation of evolutionarily the movement. structure is rather posture, and balance.

Thalamus- The structure has sensory and motor functions Amygdala- involved in memory, emotion, and fear. Hypothalamus- functions including homoeostasis, emotion, thirst, hunger, circadian rhythms, and control of the autonomic nervous system. Hippocampus- learning and memory . . . for converting short term memory to more permanent memory

#### Parts of the Brain 1

The Cerebrum- with higher brain function such as thought and action.

Frontal Lobe- associated with reasoning, planning, parts of speech, movement, emotions, and problem solving Parietal Lobe- associated with movement, orientation, recognition, perception of stimuli. Occipital Lobe- associated with visual processing Temporal Lobe- associated with perception and recognition of auditory stimuli, memory, and speech

## Types of Observation

Running: A detailed narrative account of behavior recorded in a sequential manner as it happens.

### Understanding Infants

Reflex	Stimulation	Response	Duration Intiatve v
Babinski	Sole of foot stroked	Fans out toes and twists foot in	Disappears at nine months to a year
Blinking	Flash of light or puff of air	Closes eyes	Permanent O: 14 A aug
Grasping	Palms touched	Grasps tightly	Weatherns at three in Guilts Age
Moro	Sudden move; loud noise	Startles; throws out arms and legs and then pulls them toward body	Disappears at three 13 our months
	Cheek stroked or side of mouth touched	Turns toward source, opens mouth and sucks	Disappears at three to four mouths
Stepping	Infant held upright with feet touching ground	Moves feet as if to walk	Disappears at three to four mouths
Sucking	Mouth touched by object	Sucks on object	Disappears at three to four mouths
Swimming	Placed face down in water	Makes coordinated swimming movements	Disappears at six to seven months
Tonic neck	Placed on back	Malces fists and turns head to the right	Disappears at two months

Head to foot. Long before birth, the baby's head takes the lead in development. A newborn's head is still large in proportion to the body. The same head-to-toe pattern continues after birth. Near to far. Development starts at the trunk of the body and moves outward. First, babies simply wave their arms when they see an object they wantSimple to Complex. At first, babies' main activities are sleeping and eating. Gradually, they learn more complicated tasks

Theorsts 1			
Erik Erison	Montessori	Jean Piaget	
Trust vs. Mistrust Age: Infancy o to 1	Children thrive on order and structure	Sensor- imotor(0- yrs) they exist separatel from the objects and people	Ego

around them

18

Autonomy	Children	Preope-
Vs.	move	rational(2-
Shame	through	7
Age: 1-3	sensitive	yrs)Once
	periods	children
		acquire
		language,
		they are
		able to
		use
		symbols

Children

need	Operation-
freedom	al(7-11
	yrs)ch-
	ildren are
	able to see
	things from
	different
	points of
	view and to
	imagine
	events that

occur

lives.

Formal

outside

their own

Concrete Operation-

Industry	Children
Vs Inferi-	absorb
ority Age:	their
5 -12	culture

Operational(11+ yrs)round the onset of puberty, children are able to reason in much more abstract ways and to test hypothese

Little Teachers: Listening better to older children Confusion

Anecdotal records: A brief narrative account describing an incident of a child's behavior that is of interest to the observer.

Frequency: counts are a record of the number of times a specific behavior occurs within a specific time period.



### By Ilikekittens92

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Published 26th January, 2015. Last updated 11th May, 2016. Page 1 of 3. Sponsored by **Readable.com**Measure your website readability!
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# Psychology Cheat Sheet by Ilikekittens92 via cheatography.com/20454/cs/3231/

Singanton Care.   are natural Age: 40 - 65   Generativity Vs.	Theorsts 1 (cont)		Reflexes (cont)		Theorsts 2 (cont)			Theorsts 2 (cont)			
Tonic Placed Makes fists   Stimul ation: toes and social toes and social stroked   Social	Stagnation Age: 40 - 6	Care.	are natural learners	Swimming	face down in	coordinated swimming	Reinforce- ment: Remove	pment can not be	needs: Needs where a	When/Then – Abuse It/Lose It Principle – "When you have	
grasping Palms Grasps Touched Tightly slowly, hands open out from fists.  Moro Sudden Startles; move; throws Loud out arms noise and flesh brings hands into eye range. 4 to ward body  Rooting Cheek stroked toward or side of mouth opens touched mouth and polls touched mouth and polls stroked touching ground  Stepping Infant Moves held feet as if upright to walk with feet touching ground  Sucking Mouth Sucks  Grasps bright object when it is moved slowly, hands open out from fists. 2 to 4 months when placed on tummy, baby can lift head and shoulders can briefly hold a toy when you place it in his palms brings hands into eye range. 4 to belonging Others, Modeling Principle ment. Add develonoxious stimuli following behaviour. Spanking a child for cursing  Negative Indian develonging Others, Modeling Principle ment. Add develonoxious stimuli following behaviour. Spanking a child for cursing  Negative Indian develonoming a child for cursing  Negative Punish plays a ment: central Remove role in mental develonging Others, Modeling Principle ment stimulus stimulus of Neads following behaviour. Spanking a child for cursing  Love and About Them Positively to Deleton ment. Add develonoxious stimulus stimulus stimulus of Neads following behaviour. Spanking a child for cursing  Esteem Punish plays a ment: central Remove role in mental develonoming of Needs following behaviour. The plays a ment of Neads following penent behaviour. The plays a ment of Neads following behaviour. Spanking a child for cursing the develonoxious stimulus develonoming the punish to took and the punish and the	Babinksi	ation: Sole of foot stroked Flash of light or puff of	toes and twists foot in	Understandi Milestones i 1 to 3 month	Placed Makes fists on and turns back head to the right  ding Infants 2 in the First Year  ths• prefers looking at	following correct behavior. Taking away a sticker from the child if they are	from it's social	needs to	patible Alternative Principle – Give the child something to do that he can't do while misbehavi- ng.Choice Principle – Give the child two choices, both of which are positive and acceptable to you.Make a Big Deal Principle Make a big deal over respon- sible, considerate, appropriate		
Rooting Cheek Turns stroked toward or side source, of mouth opens touched mouth and sucks Reinforce- construct logical held feet as if upright with feet touching ground  Sucking Mouth Sucks  Rooting Cheek Turns stroked toward or side source, of mouth opens toward or side stroked toward or side source, of mouth opens touched mouth and Positive Children Physio- of Needs following pment behaviour.  Telling the child to go to his room for cursing  Punish- ment: central Remove role in mental developmental development behaviour.  Telling the child to go to his room for cursing  Sucking Mouth Sucks  Telling the child to go to his room for cursing		Palms Touched Sudden move; Loud	Tightly Startles; throws out arms and legs and then pulls them	bright object when it is moved slowly.hands open out from fists. 2 to 4 months• when placed on tummy, baby can lift head and shoulders• can briefly hold a toy when you place it in his palms• brings hands into eye range.4 to 6 months• begins to roll from tummy to back• reaches for			Punish- ment: Add noxious stimuli following behaviour. Spanking a child for cursing	can lead develo- pment	belonging	Love and About Them Positively to belonging Others, Modeling Principle	
held feet as if appetative knowledge Body to his room for cursing with feet touching ground behavior(-  Sucking Mouth Sucks  appetative knowledge Body to his room for cursing  to his room for cursing	Rooting	stroked or side of mouth	Turns toward source, opens mouth and	Theorsts 2  B.F Lev Maslow's a Skinner Vygotsky Hierarchy of Needs a Positive Children Physio-		ment: Remove Sappetative Stimulus following behaviour. Telling the	nt: central nove role in etative mental nulus develo- owing pment aviour.				
		held upright with feet touching ground	feet as if to walk	appetative stimulus following correct behavior(- Giving a		je Body	to his room for				



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