Cheatography

Psychology Cheat Sheet by Ilikekittens92 via cheatography.com/20454/cs/3231/

Developmental Principles

Unit 1

- Development is similar for every child
- 2. Development builds on early learning
- 3. Proceeds at an individual rate
- 4. Development is interrelated
- 5. You develop all throughout your entire life.

Understanding Infants 3

6-12 months Reflexes

6 to 9 months• rolls both ways• sits without support; stands with assistance• picks up toys with thumb and side of forefinger• moves between sitting and lying down• crawls, creeps or shuffles on bottom9 to 12 months• pulls up into an unsteady stand a month or two before first step• points with index finger

Developmental Tasks

Milestones

Milestones

Smile. Early on, it will be just to herself. But within three months, she'll be smiling in response to your smiles and trying to get you to smile back at her.

Raise her head and chest when on her tummy.

Track objects with her eyes

and gradually decrease eye crossing.

Open and shut her hands and bring hands to her mouth.
Grip objects in her hands.
Take swipes at or reach for dangling objects, though she usually won't be able to get them yet.

Parts of the Brain 2

The	Limbic System
Cerebellum	
his	The limbic
structure is	system, often
associated	referred to as
with	the "emotional
regulation	brain", is found
and	buried within
coordination	the cerebrum.
of	Like the
movement,	cerebellum,
posture,	evolutionarily
and	the structure is
balance.	rather old.

Thalamus- The structure has sensory and motor functions Amygdala- involved in memory, emotion, and fear. Hypothalamus- functions including homoeostasis, emotion, thirst, hunger, circadian rhythms, and control of the autonomic nervous system.

Hippocampus- learning and memory . . . for converting short term memory to more permanent memory

Parts of the Brain 1

The Cerebrum- with higher brain function such as thought and action.

Frontal Lobe- associated with reasoning, planning, parts of speech, movement, emotions, and problem solving Parietal Lobe- associated with movement, orientation, recognition, perception of stimuli. Occipital Lobe-associated with visual processing
Temporal Lobe- associated with perception and

recognition of auditory stimuli,

memory, and speech

Types of Observation

Running:A detailed narrative account of behavior recorded in a sequential manner as it happens.

Anecdotal records: A brief narrative account describing an incident of a child's behavior that is of interest to the observer.

Frequency: counts are a record of the number of times a specific behavior occurs within a specific time period.

Understanding Infants

Reflex	Stimulation	Response	Duration			
Babinski	Sole of foot stroked	Fans out toes and twists foot in	Disappears at nine mouths to a year			
Blinking	Flash of light or puff of air	Closes eyes	Permanent			
Grasping	Palms touched.	Graspe tightly	Weakens at three mouths; disappears a a year			
Moro	Sudden move; loud noise	Startles; throws out arms and legs and then pulls them toward body	Disappears at three to four months			
	Cheek stroked or side of mouth touched	Turns toward source, opens mouth and sucks	Disappears at three to four months			
Stepping	Infant held upright with feet touching ground	Moves feet as if to walk	Disappears at three to four months			
Sucking	Mouth touched by object	Sucks on object	Disappears at three to four months			
Swimming	Placed face down in water	Makes coordinated swimming movements	Disappears at six to seven months			
Tonic neck	Placed on back	Makes fists and turns head to the right	Disappears at two months			

Head to foot. Long before birth, the baby's head takes the lead in development. A newborn's head is still large in proportion to the body. The same head-to-toe pattern continues after birth. Near to far.

Development starts at the trunk of the body and moves outward. First, babies simply wave their arms when they see an object they wantSimple to Complex. At first, babies' main activities are sleeping and eating.

Gradually, they learn more complicated tasks

Theorsts 1		
Erik Erison	Montessori	Jean Piaget
Trust vs. Mistrust Age: Infancy o to 1	Children thrive on order and structure	Sensorimo tor(0-2 yrs) they exist separately from the objects and people around them

Autonomy Children
Vs. move
Shame through
Age: 1-3 sensitive
periods

yrs)Once children acquire language, they are able to use symbols

Preoperati

onal(2-7



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Theorsts	s 1 (cont)		Theorsts	1 (cont)		Reflexes (c	cont)		Theorsts 2		
vs Guilt n	Children need freedom	Concrete Operational(7-11 yrs)children are able to see things from different points of view and to imagine events that occur outside their own lives.	Ego Identi Role Confi Age: 12- 1	usion List	e Teachers: ening better older children	Rooting	Cheek stroked or side of mouth touched	Turns toward source, opens mouth and sucks	B.F Skinner	Lev Vygotsky	Maslow's Hierarchy of Needs
			Generativi Vs. Stagna Care. Age	ation nati	ldren are ural learners				Positive Reinforce- ment: Add	Children construct their	Physiolog ical needs:
			65 Ego Integr	Integrity Vs Despair 65+		Stepping	Infant held	Moves feet as if to walk	appetative stimulus	knowledge	Body needs
			Reflexes Babinksi	Stimulati	Fans out		upright with feet touching ground		following correct behavior(- Giving a	Developm ent can not be separated from it's social context	Safety needs: Needs where a human needs to feel safe
			Dabiliksi	on: Sole of foot stroked	toes and twists foot in	Sucking	Mouth touched by	Sucks on object	treat)		
Industry Vs Inferiorit y Age: 5 -12	Children absorb their culture	Formal Operational(11+ yrs)round the onset of puberty, children are able to reason in much more abstract ways and to test hypotheses	Blinking	Flash of light or puff of air	Closes		object		Reinforce- ment: Remove stimuli following correct behavior. Taking away a sticker from the child if they are bad		
						Swimming	Placed face down in	coordinated on in swimming			
				Palms	Grasps		water				
			Moro	Touched Sudden move; Loud noise	Startles; throws out arms and legs and then pulls them toward	Tonic Neck					
						Milestones			Dau		
			body			1 to 3 months• prefers looking at high areas of faces: forehead, eyes,					

mouth visually follows a bright object when it is moved

slowly.hands open out from fists. 2 to 4 months• when placed on tummy, baby can lift head and shoulders• can briefly hold a toy when you place it in his palms• brings hands into eye range.4 to 6 months• begins to roll from tummy to back• reaches for objects• brings toys to mouth to explore them



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Theorets 2 (cont)

Positive Learning Love and Punishme can lead belonging nt: Add developm noxious ent stimuli following behaviour. Spanking a child for cursing Negative language Esteem Punishme plays a Remove role in appetative mental stimulus developm following behaviour. Telling the child to go to his room for

Theorsts 2 (cont)

Self-actualization

When/Then – Abuse It/Lose It
Principle – "When you have finished
your homework, then you may watch
TV."Incompatible Alternative
Principle – Give the child something
to do that he can't do while
misbehaving.Choice Principle – Give
the child two choices, both of which
are positive and acceptable to
you.Make a Big Deal Principle Make
a big deal over responsible,
considerate, appropriate behavior
with attention, Talk About Them
Positively to Others, Modeling
Principle



cursing

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