

General

Preventable environmental health threat

Results in ↑ blood lead levels 5+ mcg/dL

Risk Factors

Imported candies Paint in homes > 1978

Dust from window sills, walls, & plaster in old homes Certain folk remedies for GI issues (arzacón)

Soil w/ past of cars that used leaded gas Glazed pottery & stained-glass products

Old painted toys or furniture Lead pipes supplying water

Parent clothing w/ manufacturing job

Diagnostics

Serum Lead Levels

- ≥ 5 mcg/dL

Serum Lead Levels

- ≥ 70 mcg/dL = hospitalization

Signs & Symptoms

Cognitive impairments

Inattentiveness, hyperactivity, irritability

- Misdiagnosed as ADHD

Headaches

Hearing Problems

Language & speech problems

Stomach pain

↓ bone & muscle growth

Poor muscle coordination

Seizures

Collaborative Care & Meds

Chelation Therapy w/ deferoxamine

If lead > 70 mcg/dL + hospital

SQ infusion over several hrs

- At night if home

May d/c to PO deferasirox if going home

{n} - PO once daily

Nursing Interventions

Perform risk assessment

- If (+) → send blood for lead levels

If lead levels > 70 mcg/dL → hospitalize & begin chelation therapy, maybe dialysis

May need early intervention program for further eval & Tx of developmental delays

Ensure lead removal of home & environment

Refer to developmental centers

Education - Chelation Therapy

Ensure adequate fluid intake

Monitor I&O closely

Dissolve PO tablet in juice or water & admin once daily

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By helpmee

cheatography.com/helpmee/

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