

taking notes

styles	sets of notes	tips
>question based	class	use visuals
>cornell	textbook	color code
> flow	class/textbook combined	separate vocab
> outline		put it in your own words
>mind maps		
>review guides		

steps

> take class notes	> make a review guide for every test
> take textbook notes	> make a master list for the exam
> combine the notes	> review flash cards daily

timing

- > use pomodoro technique
- > prioritize
- > do most difficult thing first
- > split up work

active learning

- > teach what you think you know
- > ask yourself questions, answer them
- > use spaced repetition

active reading

- > pseudoskim
- > read backwards
- > ask questions
- > pay attention to formatting

if tired

- > drink water
- > workout 20min
- > move study position
- > work on assignments for less time

