

TRANSMISSION-BASED PRECAUTIONS Cheat Sheet

by harpieee via cheatography.com/71374/cs/18438/

PPE: Gown & gloves - when touching blood or body fluids, non intact skin, mucous membranes, or contaminated materials Masks & face/eye protection - when anticipating splashing of body fluids NURSING INTERVENTIONS: Implement standard precautions for all pts Report communicable diseases per CDC policy Handle all blood and body fluids as if contaminated

Clean spills w/ a solution of bleach and water (1:10 dilution)

Private room is only needed if the pt is unable to maintain hygiene

SHARING ROOMS:

Pts must have same organism

Dispose of PPE in pt's room

Avoid placing pts on isolation precautions in the same room w/ pts who are immunocompromised, have open wounds, or have anticipated prolonged lengths of stay

Ensure pts are located more than 3 ft from each other

Use privacy curtains between beds to minimize opportunities for direct contact

AIRBORNE PRECAUTIONS		
AIRBORNE PRECAUTIONS:	PPE	NURSING INTERVENTIONS
Diseases known to be transmitted by air for infectious agents smaller than 5 mcg	Mask	Standard precautions
Measles	N95 respirator for known or suspected TB	Provide private room w/ monitored negative airflow
Varicella		Keep door closed
Pulmonary or laryngeal TB		Respiratory protection

DROPLET PRECAUTIONS		
PPE	NURSING INTERVENTIONS:	DROPLET PRECAUTIONS:
Mask	Standard precautions	Protect against droplets larger than 5 mcg
	Private room is preferred	Streptococcal pharyngitis

DROPLET PRECAUTIONS (cont)	
May short w/ pt who has infection w/ same organism	Pneumonia
Keep door closed	Scarlet fever
Mask is required when personnel is within 3 ft of pt	Rubella
	Pertussis
	Mumps
	Mycoplasma pneumonia
	Meningococcal pneumonia/sepsis
	Pneumonic plague

CONTACT PRECAUTIONS		
PPE:	CONTACT PRECAUTIONS:	NURSING INTERVENTIONS:
Gloves	Prevent transmission of infectious agents that are spread by direct or indirect contact w/ the pt or the pt's environment	Standard precautions
Gown	Wound drainage	Private room is preferred
Mask & goggled (as needed)	Fecal incontinence	May cohort w/ pt who has infection w/ same organism
	Bodily discharges	Gloves & gown worn by caregivers and visitors
		Disposal of infectious dressing material into nonporous bag
		Dedicated equipment for the pt or disinfect after each use
		Pt to leave room only for essential clinical reasons



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PROTECTIVE ISOLATION	
PROTECTIVE ISOLATION:	NURSING INTERVENTIONS:
Used to protect pts who have an increased susceptibility to infections, are receiving chemotherapy, or are immunosuppressed or neutropenic	Standard precautions
	Institute maximum protection, which can include the use of sterile linens, food, and other supplies
	Minimize exposure to microorganisms found on the outer layers of fresh flowers, fruits, and vegetables
	Wear sterile gloves and gown/mask when in contact w/ the pt
	Maximum protection will require ventilated/positive-pressure room



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