

SEMI-FOWLER'S

DESCRIPTION:

Head of bed elevated to 30 degrees

INDICATIONS:

Gastric feedings

Head injury

Increased intracranial pressure

Postoperative following cranial surgery or cataract removal

Respiratory illness

FOWLER'S

DESCRIPTION:

Head of bed elevated to 45-60 degrees

INDICATIONS:

Postoperative following abdominal surgery, thyroidectomy, or cataract removal

Respiratory illness or cardiac problems with dyspnea

Bleeding esophageal varices

HIGH-FOWLER'S

DESCRIPTION:

Head of bed elevated to 90 degrees

INDICATIONS:

Respiratory illness with dyspnea

Emphysema

Status asthmaticus

Pneumothorax

Cardiac problems with dyspnea

Feeding

During & after meals

Hiatal hernia

Insertion of nasogastric tube

SUPINE

DESCRIPTION:

Lying on back, head, and shoulders; slightly elevated with a small pillow

INDICATIONS:

Spinal cord injury (no pillow)

PRONE

DESCRIPTION:

Lying on abdomen, legs extended, and head turned to the side

INDICATIONS:

Pt who is immobilized or unconscious

Postoperative following lumbar puncture 6 to 12 hr

Following pyelogram 12 to 24 hr (oil-based dye)

Postoperative following tonsillectomy and adenoidectomy

LATERAL (SIDE-LYING)

DESCRIPTION:

Lying on side with most of the body weight borne by the lateral aspect of the lower ilium

INDICATIONS:

Postoperative following tonsillectomy, adenoidectomy, and abdominal surgery

Client who is unconscious

Seizures (head to side)

Postoperative pyloric stenosis of the lower scapula and the lateral (right side)

Postoperative following liver biopsy (right side)

Rectal irrigations

SIMS' (SEMI-PRONE)

DESCRIPTION:

Lying on left side with most of the body weight borne by the anterior aspect of the ilium, humerus, and clavicle

INDICATIONS:

Client who is unconscious

Enema administration

LITHOTOMY

DESCRIPTION:

Lying on the back with hips and knees flexed at right angles and feet in stirrups

INDICATIONS:

Perineal, rectal, & vaginal procedures

TRENDELENBURG

DESCRIPTION:

Head and body lowered while feet are elevated

INDICATIONS:

Some surgeries

During labor if umbilical cord pressure is trying to be relieved

MODIFIED TRENDELENBURG

DESCRIPTION:

Supine with legs elevated

INDICATIONS:

Shock

REVERSE TRENDELENBURG

DESCRIPTION:

Head elevated while feet are lowered

INDICATIONS:

Cervical traction

Feeding pts restricted to supine position, such as postoperative following cardiac catheterization

ELEVATE ONE OR MORE EXTREMITIES

DESCRIPTION:

Elevate legs/feet or arms/hands by adjusting or supporting with pillows

INDICATIONS:

Thrombophlebitis

Application of cast

Edema

Postoperative following procedure on extremity

DORSAL RECUMBENT

DESCRIPTION:

Supine with knees flexed

INDICATIONS:

Urinary catheterization of female

Urinary catheterization of female

Abdominal data collection

Abdominal wound evisceration