### METABOLIC ALKALOSIS Cheat Sheet

**NORMAL VALUES**

<table>
<thead>
<tr>
<th>pH</th>
<th>PCO2:</th>
<th>HCO3:</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.35 - 7.45</td>
<td>35 - 45</td>
<td>21 - 28</td>
</tr>
</tbody>
</table>

**META BOLIC ALKALO SIS**

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<tr>
<th>PH</th>
<th>PCO2:</th>
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<tr>
<td>&gt; 7.45</td>
<td>Normal (35-45)</td>
<td>&gt; 28</td>
</tr>
</tbody>
</table>

**RISK FACTORS**

- Ingestion of antacids
- GI suction
- Hypokalemia
- TPN
- Blood transfusion
- Prolonged vomiting

**MANIFESTATIONS**

- Dizziness
- Paresthesia
- Hypertonic muscles
- Decreased respirations

**INTERVENTIONS**

- Treat underlying cause
- Administer fluids, electrolytes

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By **harpieee**

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Page 1 of 1.

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