

### ACDC

Access

CPR

Defibrillator

Advanced Care

Also known as Earlies

### AVPU

Alert

Voice

Pain

Unresponsive

Levels of Response

### DRs ABCD

Danger

Response

Send for Help

Airway

Breathing

Circulation

Defibrillator/Deformity

To do on arrival

### Fish Shaped

Fainting

Imbalance of Heat

Shock

Heart Attack

Stroke

Head Injury

Asphyxia

Poisoning

Epilepsy

Diabetic

Causes for Unconsciousness

### Perl

Pupils

Equal

Reactive

Light

How to check the Eyes

### Scald

Size

Cause

Area

Location

Depth

Examining Burns

### Fractures

Closed

Open

Transverse

Spiral

Comminuted

Impacted

Greenstick (kids)

Complicated

### ACLIPG AD

Abrasion

Conrusion

Laceration

Incision

Puncture

Gunshot

Amputation

De-gloved

Types of Wounds

### BBC

Blood Clots

Blood Pressure Falls

Capillaries Contacts

How Bleeds Stop

### Dutch Lips

Deformities

Unnatural Movement

Tender to Touch

Crepitus (sound)

History

Loss of Movement

Irregularities

Pain

Swelling

For Broken Bones

### AshIce

Age

Sex

History

Injury

Condition

(Exact) Time and Location

Handover

### Pricer

Protect

Rest

Ice

Compression

Elevation

How to treat Burns

C

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### Poison Entry

Inhaled

Absorbed

Injected

Instilled

Ingested

Most common poison is Alcohol

### Amega

Access Situation

Make Safe

Emergency Aid

Get Help

Aftermath

### DHSS

Diagnosis

History

Signs

Symptoms

### Fast

Face

Arms

Speech

Time to call

Stoke

### Sample

Signs and Symptoms

Allergies

Medication

Past History

Last Meal

Event History

Things to ask

### PEEP (or SEEP)

Position (or Sit)

Examine

Elevation

Pressure

External Bleeding

### Pulses

Carotid

Brachial

Radial

Ulnar

Femoral

Dorsal Pedal

Pedal

From top to toe

### Skin Layers

Epidermis

Dermis

Hypodermis

### Spine

7 Cervical

12 Thoracic

5 Lumbar

5 Sacrum

4 Coccyx

33 Bones in total



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