

definitions of culture

Leininger defines culture- "culture refers to the learned values, beliefs, norms and way of life that influence an individual's thinking, decisions and actions in certain ways."

the CNA defines culture "as shared patterns of learned values and behaviours that are transmitted over time and that distinguish the members of one group from another."

The 5 strategies/action areas (WHO, 1986)

Building healthy public policy

Creating supportive environments

Strengthening community action

Reorienting health services

Developing personal skills

Leininger's Three (3) Modes of Action

culture care preservation/maintenance

culture care accommodation/negotiation

culture care repatterning/restructuring

Indigenous Peoples

Canada's Constitution Act (CCA) recognizes 3 Indigenous peoples- First Nation, Metis and Inuit

There are many sub-groups, each one has their own culture and practices.

CNO QA steps

reflect current practice

learning needs

learning plan

CNOs Quality Assurance Program

encourages nurses to continuously improve their practice

increase confidence in nurses

improve practice development

CNOs mission

protect public's right to quality nursing services by providing leadership to nursing profession in self-regulation

provides legal frame work for nursing

the nursing act 1991 defines nursing scope of practice

regulated health RHPA

professions act 1991

PRIVACY LEGISLATION

Personal Health Information Protection Act (PHIPA)

The Freedom of Information and Protection of Privacy Act (FIPPA)

clinical questions PICOT

P patient

I intervention

C comparison

O outcome

T time

change-of-shift reports

At the end of each shift to provide all necessary information to oncoming nurse and transfer of care

should include:

background info

assessment

diagnostic statement

teaching plan

treatments

family info

discharge plan

priority needs

quality documenting and reporting

correct errors

no documenting retaliatory or critical comments

record all facts

document as soon as possible after events occur

if ordered questioned document for clarification

only document your findings

no general phrases

begin entry w/ date and end w/ signature and credentials

no pre-charting

protect security and privacy

non verbal SOLER acronym

S sit facing the patient; includes personal + cultural space consideration

O keep an open posture with arms and legs uncrossed

L lean in toward the client / patient to express interest. Your unspoken message is that you are involved.

E establish and maintain eye contact

R RELAX. It is important that you convey a sense of being relaxed and comfortable with the client. Restlessness conveys a lack of interest.

levels of communication

intrapersonal inner thought

interpersonal one on one convo

transpersonal transaction with persons spiritual domain

small-group small number of people convo

public communicating to audience



Population Health Approach

Definition: The entire range of known individual and collective factors and conditions that determine population health status and the interaction among them are taken into account in planning action to improve health (Public Health Agency of Canada, 2013).

characteristics of culture:

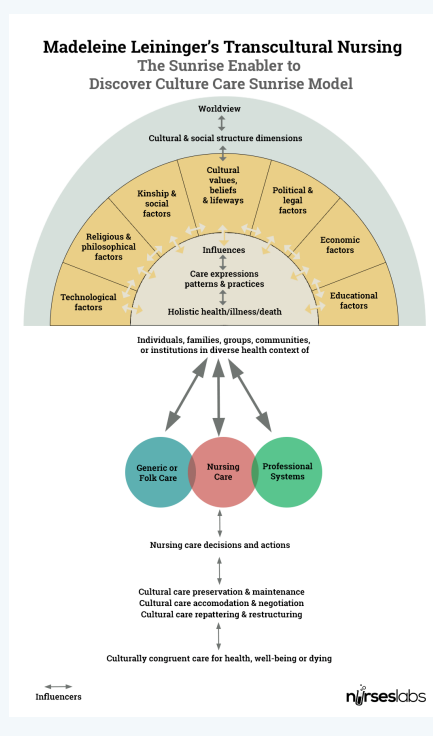
learned, taught, social, adaptive, shared, difficult to articulate, visible and invisible

definition of health

World Health Organization (WHO) Definition of Health
 "A state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity (1947)."

World Health Organization (WHO) Updated Definition of Health (1984)
 "A dynamic process whereby the individual, family or community is able to realize aspirations, satisfy needs & change or cope with the environment. Health is a resource for everyday life. It is a positive concept emphasizing social & personal resources as well as physical capacity (WHO, 1984)."

Leininger's Sunrise Theoretical Model



Indigenous Population Key Terms

Colonialism	obtaining full political control over another community (British settlers colonizing Indigenous peoples in Canada)
Residential Schools	Schools used to colonize Indigenous peoples further by taking their children and trying to take their culture away.
Truth and Reconciliation	when Indigenous rights started to be asserted in 1960s. (Sept. 30 is national day for truth and reconciliation)
Structural Racism	racism fixing its way into society

levels of prevention

primary prevention	protection of specific diseases given to healthy individuals
secondary prevention	detection of health problems to limit future disabilities
tertiary prevention	after illness rehabilitation

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PIE recording

P	problem
I	intervention
E	evaluation

I-SBAR+R

I	identification
S	situation
B	background
A	assessment
R	recommendation
+R	repeat back

Specific Critical Thinking Competencies

Diagnostic reasoning	assessing data and analysis to diagnose patient
Clinical inference	drawing conclusions from evidence

Specific Critical Thinking Competencies (cont)

Clinical reasoning	think about patients issues and making inferences and deciding course of action
Clinical decision-making	defininf patients problems and picking appropriate interventions
Clinical judgement	looking at important aspects of situation find meaning and respond

what should be documented

assessment of health
goals for care
care plan and/ or actions taken
evaluate strategies and client outcomes
the date of the entry and signature

forgotten or late entries

add for accuracy
use next available space
original remain visible
include date/time of event or late entry
never change other documentation
notify others of change

RHPA

An umbrella regulation for health professions, including nursing.

The RHPA was developed to better protect and serve the public by:

- increasing openness and responsiveness of health care system
- providing a regulatory system that allows consumers greater freedom to choose their health care providers
- promoting greater public participation in regulation of health care professions

Indigenous Nursing Care Implications

establish a nurse-patient relationship to build trust with patient and family
show respect to patient and family and their community
Indigenous communities are vulnerable populations so it is important to work cooperatively and in balance with their ways of knowing and to always be informed.

Cultural Competence

the meaning of cultural competence: to understand how cultures differ from each other and how to honour them.	steps to be culturally sensitive:
requires knowledge of the ways of different cultures and ways of communicating.	step 1: be self-aware of your own culture
being culturally competent starts with self-awareness and self-reflection	step 2: understand how to assess a clients cultural identity and how it may effect to clients perception of their health and their health care providers

Achieving Health for All The Epp Report

Invest in our children
Improve health of Aboriginals
Improve health of Canada's young people
Renew our health services
Help all Canadians obtain solid education literacy skills and good income

approaches to health

medical model	medical pathway to restore health
behavioral model	improve health through individual and behaviours
socioenvironmental model	health through social structures (ex. poverty, unhealthy environments,

subjective vs objective data

subjective	statements and feedback from client
	direct quotes, if applicable
objective	measured data
	facts
	nurse actions, clients response
	data to support conclusion

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	data to support conclusion

reasoning

inductive reasoning	observations to conclusions (specific to general)
deductive reasoning	conclusion to observation (general to specific)

Legal Liability Issues in Nursing

Consent	patient must be conscious and voluntarily give consent
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Legal Liability Issues in Nursing (cont)

Informed Consent agreement to allow medical attention with knowing what will happen

Implied Consent inferred based on actions and knowlege

SOAPIE recording

S subjective- verbalization of the client

O objective- measured and observed

A assessment- nursing diagnostic statement based on data

P plan- what the caregiver plans to do

I intervention-what was done

E evaluation- effectiveness

Basic Elements of the Communication Process

Referent motivates convo

Sender and receiver encoder and decoder

Message content of convo

Channels conveying and receiving

Feedback returning message

Interpersonal variable factors influencing convo

Environment setting of interactions



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Not published yet.
Last updated 9th December, 2022.
Page 4 of 4.

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