Cheatography

Peripheral Nervous System (PNS) Cheat Sheet by gracev (gracev21) via cheatography.com/168753/cs/35486/

spinal nerve pairs

Numbered by level of vertebral column at which they emerge

- 8 Cervical nerve pairs (C1-C8)
- 12 Thoracic nerve pairs (T1-T12)
- 5 Lumbar nerve pairs (L1-L5)
- 5 Sacral nerve pairs (S1-S5)
- 1 Coccygeal nerve pair

4 major nerve plexuses

| cervical plexus | located in neck (C1-C4); individual nerves that come out from cervical plexus they supply muscles and skin of neck, upper shoulders and part of head with nerves; phrenic nerve exit plexus to innervate diaphragm |
|---------------------|---|
| brachial plexus | located deep in shoulder; ventral rami C5 to T1; individual nerves from bracihal plexus innervate lower part of shoulder and entire arm |
| lumbar plexus | located in lumbar region of back; L1 to L4; femoral nerve exits; divides into branches and innervates thigh and leg |
| sacral plexus | located in pelvic cavity; L4 to S4; innervates skin of leg, posterior thigh muscles leg and foot muscles |
| coccygeal plexus | (S4-S5) skin of coccyx bone |
| | |

| MOIOI AUIONOMIC Paulways | | |
|--------------------------|----------------------|--|
| preganglionic | impulses from CNS to | |
| neuron | autonomic ganglion | |

Motor Autonomic Pathways (cont)

| postga | lies outside CNS, synapses with a |
|--------|-----------------------------------|
| ngl- | preganglionic neuron, terminates |
| ionic | in a visceral effector |
| neuron | |

AUTONOMIC NERVOUS SYSTEM

| //0//0///0///0/// | | 012.00 |
|---|---------------------|--|
| Sympathetic Effects (fight or flight) | structure | Parasympa- thetic Effects (rest and repair) |
| Dilation of pupil | еуе | constriction of pupil |
| Stop | salivaryy | secrete |
| secretion | glands | saliva |
| speed up heartbeat | heart rate | Slow down heartbeat |
| secrete | suprarenal | None – not |
| adrenaline | glands | innervated |
| dilate bronch- | respiratory | constrict |
| ioles | system | bronchioles |
| increase force of breakdown | skeletal muscles | non not innervated |
| lipid | adipose | none not |
| breakdown | tissue | innervated |
| delay | urinary | empty |
| emptying | system | bladder |
| decrease | digestive | increase |
| motility | system | motility |
| | | |

Interaction of ANS Divisions

Sympathetic and parasympathetic divisions work together to keep many body functions within homeostatic range

Both divisions innervate many same organs where actions antagonizeone another--dual innervation

Interaction of ANS Divisions (cont)

Allows sympathetic division to dominate during physically demanding periods Parasympathetic division preserves homeostasis in same organs between periods of increased physical activity AUTONOMIC TONE: neither division ever completely shut down • Constant amount of activity from each division

Autonomic NTs: Acetylcholine

| | nal of autonomic neurons e of two NTs |
|---|---|
| 1 Acetyl- choline (Ach) | Acetylcholine (Ach) cholinergic fibres |
| | a. Released by preganglionic sympathetic neurons (excit- atory) |
| | b Released by pre- & postga- nglionic parasympathetic neurons |
| Terminatior linesterase | n of Ach action is by acetylcho- (AChE) |
| Two types of cholin- ergic receptors: | 1 Nicotinic receptors – excita- tory, found in ganglia (on postganglionic neuron) |
| | 2 Muscarinic receptors – excitatory or inhibitory, found in synapses with effector organs and sweat glands |
| 2 Norepi- nephrine | released by adrenergic fibres; Released by most postgangl- ionic sympathetic neurons |
| Terminatior | n of actions of NE: |
| | 1Monoamine oxidase (MAO): enzyme breaks up NT for reuptake |

С

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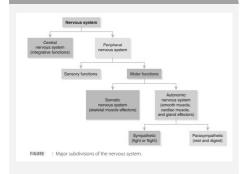
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| Autonomic N | ITs: Acetylcholine (cont) |
|-----------------------------|--|
| | O-methyl transferase (COMT): tabolizes remaining NT |
| spinal nerve roots | attaches to spinal cord 2 short |
| 1 a ventral m | notor root |
| 2 a dorsal se | ensory root |
| dorsal root ganglion | swelling in dorsal root of each spinal nerve |
| all spinal ner sensory and | ves are mixed nerves carrying motor fibers |
| | |
| dermatomes | vs myotomes |
| dermatome | region of skin surface area supplied by sensory fibers pf a spinal nerve |
| myotome | skeletal muscle supplied by motor fibers of a spinal nerve |
| cranial nerve | 25 |
| name = func emergence | tion ; number = order of |
| sensory cranial nerve | axons of sensory neurons |
| motor cranial nerve | mostly axons of motor neurons little amt of sensory fibers |
| mixed cranial | axons of sensory and motors neurons |

divisions of PNS

nerve



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reflexes

| Occurs over p | oathways- reflex arcs |
|-----------------------------------|--|
| Cranial reflex | center of reflex arc is in brain |
| Spinal reflex | center of reflex arc is in spinal cord |
| Results in | |
| Somatic reflex | contraction of skeletal muscles |
| autonomic (visceral) reflex | contraction of smooth or cardiac muscle or secretion by glands |

| somatic reflexes | | |
|---------------------------------------|--|--|
| knee jerk (patellar reflex) | extension of lower leg in response to tapping patellar tendon | |
| ankle jerk (achilles reflex) | extension of foot in response to tapping Achilles tendon; muscle relaxation | |
| plantar reflex | plantar flexion of all toes, slight turning in and flexion of anterior part of the foot;Response to stimulation of outer edge of the sole | |
| Babinski sign | extension of great toe, possible fanning of toes, in response to stimulation of outer margin of sole of foot; Present in normal infants until ~18 mo. then becomes suppressed when corticospinal fibers become fully myelinated; In adults, a positive Babinski sign indicates upper | |

motor neuron disorder

somatic reflexes (cont)

| Abdominal reflex | drawing in of abdominal wall in response to stroking side of abdomen; Decreased or absent reflex may involve lesions of upper motor neurons |
|---------------------|---|
| Corneal reflex | Winking in response to cornea being touched; Mediated by reflex arcs with cranial nerve V fibres, centers in pons, and motor fibres in cranial nerve VII |
| Gag reflex | triggered when visceral sensory nerve endings cranial nerve IX in posterior throat are stimulated |

spinal nerves

| ramus | large branches that form after spinal nerve emerges from spinal canal |
|------------------|---|
| dorsal ramus | intercostal and thoracic nerves |
| ventral ramus | form networks of nerves called plexuses |

spinal nerves



classify CNs

| Some Say Marry Money, But My Brother | | |
|--------------------------------------|-------------------------------|--|
| Says Big Business Makes Money | | |
| olfactory | sense of smell; in nasal | |
| nerve CN | mucosa terminate in olfactory | |

bulbs

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| classify CNs (cont) | | |
|-------------------------------|--|--|
| Optic Nerve CN II | carries info from eyes to top of brain | |
| Oculomotor nerve CN III | motor fibres mid brain to eye muscles; nerves of superior medial and inferior rectus and inferior oblique; control amt of light entering eye (up, down, medial, roll eyes) | |
| Trochlear Nerve CN IV | smallest cranial nerve; motor fibers from midbrain to superior oblique muscles of eye (down and in) | |
| trigeminal nerve CN V | 3 branches: 1 opthalmic, maxillary, mandible; sensory neurons impulses from skin and mucosa of head and teeth; motor fibers extend to muscles of mastication through mandibular nerve (close jaw for chewing and swallowing) | |
| abducens nerve CN VI | motor nerve lateral rectus muscle in eye; side to side movement | |
| facial nerve CN VII | motor fibres originate from pons to superficial muscles of face and scalp; sensory taste buds to anterior 2/3 of the tongue | |

| classify CNs (cont) | | |
|--|--|--|
| vestibulo- cochlear nerve CN VIII | vestibular nerve fibres originate in semicircular canals in inner ear and transmit impulses that result in sensations of equilibrium (Balance)/ cochlear nerve fibres originate in organ of corti in cochlea of inner ear and transmit impulses resulting in sensation of hearing | |
| glosso- pha- ryngeal nerve CN IX | sensory fibres to taste buds in posterior 1/3 of tongue // motor fibres to the pharynx for swallowing | |
| vagus nerve CN X | innervates most thoracic and abdominal viscera / swallowing and speaking | |
| accessory nerve CN XI | motor nerve that is an "access- ory" tp the vagus nerve; innervates muscles of speech, head and shoulders | |
| hypogl- ossal nerve CN XII | motor fibres innervate muscles of tongue and provide voluntary control | |

Autonomic NTs: Acetylcholine (cont)

| | b Released by pre- & postga- nglionic parasympathetic neurons | |
|--|---|--|
| Termination of Ach action is by acetylcho- linesterase (AChE) | | |
| Two types of cholin- ergic receptors: | 1 Nicotinic receptors – excita- tory, found in ganglia (on postganglionic neuron) | |
| | 2 Muscarinic receptors – excitatory or inhibitory, found in synapses with effector organs and sweat glands | |
| 2 Norepi- nephrine | released by adrenergic fibres; Released by most postgangl- ionic sympathetic neurons | |
| Termination of actions of NE: | | |
| | 1Monoamine oxidase (MAO): enzyme breaks up NT for reuptake | |
| | 2 Catechol-O-methyl transf- erase (COMT): enzyme metabolizes remaining NT | |

Autonomic NTs: Acetylcholine

| Axon terminal of autonomic neurons | | |
|------------------------------------|---|--|
| release one of two NTs | | |
| 1 Acetyl- choline (Ach) | Acetylcholine (Ach) cholinergic fibres | |
| | a. Released by preganglionic sympathetic neurons (excit- atory) | |

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