Cheatography

Peripheral Nervous System (PNS) Cheat Sheet by gracev (gracev21) via cheatography.com/168753/cs/35486/

spinal nerve pairs

Numbered by level of vertebral column at which they emerge

- 8 Cervical nerve pairs (C1-C8)
- 12 Thoracic nerve pairs (T1-T12)
- 5 Lumbar nerve pairs (L1-L5)
- 5 Sacral nerve pairs (S1-S5)
- 1 Coccygeal nerve pair

4 major nerve plexuses

cervical plexus	located in neck (C1-C4); individual nerves that come out from cervical plexus they supply muscles and skin of neck, upper shoulders and part of head with nerves; phrenic nerve exit plexus to innervate diaphragm
brachial plexus	located deep in shoulder; ventral rami C5 to T1; individual nerves from bracihal plexus innervate lower part of shoulder and entire arm
lumbar plexus	located in lumbar region of back; L1 to L4; femoral nerve exits; divides into branches and innervates thigh and leg
sacral plexus	located in pelvic cavity; L4 to S4; innervates skin of leg, posterior thigh muscles leg and foot muscles
coccygeal plexus	(S4-S5) skin of coccyx bone

MOIOI AUIONOMIC Paulways		
preganglionic	impulses from CNS to	
neuron	autonomic ganglion	

Motor Autonomic Pathways (cont)

postga	lies outside CNS, synapses with a
ngl-	preganglionic neuron, terminates
ionic	in a visceral effector
neuron	

AUTONOMIC NERVOUS SYSTEM

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Sympathetic Effects (fight or flight)	structure	Parasympa- thetic Effects (rest and repair)
Dilation of pupil	еуе	constriction of pupil
Stop	salivaryy	secrete
secretion	glands	saliva
speed up heartbeat	heart rate	Slow down heartbeat
secrete	suprarenal	None – not
adrenaline	glands	innervated
dilate bronch-	respiratory	constrict
ioles	system	bronchioles
increase force of breakdown	skeletal muscles	non not innervated
lipid	adipose	none not
breakdown	tissue	innervated
delay	urinary	empty
emptying	system	bladder
decrease	digestive	increase
motility	system	motility

Interaction of ANS Divisions

Sympathetic and parasympathetic divisions work together to keep many body functions within homeostatic range

Both divisions innervate many same organs where actions antagonizeone another--dual innervation

Interaction of ANS Divisions (cont)

Allows sympathetic division to dominate during physically demanding periods Parasympathetic division preserves homeostasis in same organs between periods of increased physical activity AUTONOMIC TONE: neither division ever completely shut down • Constant amount of activity from each division

Autonomic NTs: Acetylcholine

	nal of autonomic neurons e of two NTs
1 Acetyl- choline (Ach)	Acetylcholine (Ach) cholinergic fibres
	a. Released by preganglionic sympathetic neurons (excit- atory)
	b Released by pre- & postga- nglionic parasympathetic neurons
Terminatior linesterase	n of Ach action is by acetylcho- (AChE)
Two types of cholin- ergic receptors:	1 Nicotinic receptors – excita- tory, found in ganglia (on postganglionic neuron)
	2 Muscarinic receptors – excitatory or inhibitory, found in synapses with effector organs and sweat glands
2 Norepi- nephrine	released by adrenergic fibres; Released by most postgangl- ionic sympathetic neurons
Terminatior	n of actions of NE:
	1Monoamine oxidase (MAO): enzyme breaks up NT for reuptake

С

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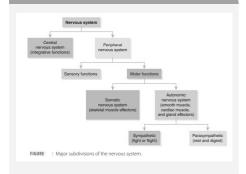
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Autonomic N	ITs: Acetylcholine (cont)
	O-methyl transferase (COMT): tabolizes remaining NT
spinal nerve roots	attaches to spinal cord 2 short
1 a ventral m	notor root
2 a dorsal se	ensory root
dorsal root ganglion	swelling in dorsal root of each spinal nerve
all spinal ner sensory and	ves are mixed nerves carrying motor fibers
dermatomes	vs myotomes
dermatome	region of skin surface area supplied by sensory fibers pf a spinal nerve
myotome	skeletal muscle supplied by motor fibers of a spinal nerve
cranial nerve	25
name = func emergence	tion ; number = order of
sensory cranial nerve	axons of sensory neurons
motor cranial nerve	mostly axons of motor neurons little amt of sensory fibers
mixed cranial	axons of sensory and motors neurons

divisions of PNS

nerve



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reflexes

Occurs over p	oathways- reflex arcs
Cranial reflex	center of reflex arc is in brain
Spinal reflex	center of reflex arc is in spinal cord
Results in	
Somatic reflex	contraction of skeletal muscles
autonomic (visceral) reflex	contraction of smooth or cardiac muscle or secretion by glands

somatic reflexes		
knee jerk (patellar reflex)	extension of lower leg in response to tapping patellar tendon	
ankle jerk (achilles reflex)	extension of foot in response to tapping Achilles tendon; muscle relaxation	
plantar reflex	plantar flexion of all toes, slight turning in and flexion of anterior part of the foot;Response to stimulation of outer edge of the sole	
Babinski sign	extension of great toe, possible fanning of toes, in response to stimulation of outer margin of sole of foot; Present in normal infants until ~18 mo. then becomes suppressed when corticospinal fibers become fully myelinated; In adults, a positive Babinski sign indicates upper	

motor neuron disorder

somatic reflexes (cont)

Abdominal reflex	drawing in of abdominal wall in response to stroking side of abdomen; Decreased or absent reflex may involve lesions of upper motor neurons
Corneal reflex	Winking in response to cornea being touched; Mediated by reflex arcs with cranial nerve V fibres, centers in pons, and motor fibres in cranial nerve VII
Gag reflex	triggered when visceral sensory nerve endings cranial nerve IX in posterior throat are stimulated

spinal nerves

ramus	large branches that form after spinal nerve emerges from spinal canal
dorsal ramus	intercostal and thoracic nerves
ventral ramus	form networks of nerves called plexuses

spinal nerves



classify CNs

Some Say Marry Money, But My Brother		
Says Big Business Makes Money		
olfactory	sense of smell; in nasal	
nerve CN	mucosa terminate in olfactory	

bulbs

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classify CNs (cont)		
Optic Nerve CN II	carries info from eyes to top of brain	
Oculomotor nerve CN III	motor fibres mid brain to eye muscles; nerves of superior medial and inferior rectus and inferior oblique; control amt of light entering eye (up, down, medial, roll eyes)	
Trochlear Nerve CN IV	smallest cranial nerve; motor fibers from midbrain to superior oblique muscles of eye (down and in)	
trigeminal nerve CN V	3 branches: 1 opthalmic, maxillary, mandible; sensory neurons impulses from skin and mucosa of head and teeth; motor fibers extend to muscles of mastication through mandibular nerve (close jaw for chewing and swallowing)	
abducens nerve CN VI	motor nerve lateral rectus muscle in eye; side to side movement	
facial nerve CN VII	motor fibres originate from pons to superficial muscles of face and scalp; sensory taste buds to anterior 2/3 of the tongue	

classify CNs (cont)		
vestibulo- cochlear nerve CN VIII	vestibular nerve fibres originate in semicircular canals in inner ear and transmit impulses that result in sensations of equilibrium (Balance)/ cochlear nerve fibres originate in organ of corti in cochlea of inner ear and transmit impulses resulting in sensation of hearing	
glosso- pha- ryngeal nerve CN IX	sensory fibres to taste buds in posterior 1/3 of tongue // motor fibres to the pharynx for swallowing	
vagus nerve CN X	innervates most thoracic and abdominal viscera / swallowing and speaking	
accessory nerve CN XI	motor nerve that is an "access- ory" tp the vagus nerve; innervates muscles of speech, head and shoulders	
hypogl- ossal nerve CN XII	motor fibres innervate muscles of tongue and provide voluntary control	

Autonomic NTs: Acetylcholine (cont)

	b Released by pre- & postga- nglionic parasympathetic neurons	
Termination of Ach action is by acetylcho- linesterase (AChE)		
Two types of cholin- ergic receptors:	1 Nicotinic receptors – excita- tory, found in ganglia (on postganglionic neuron)	
	2 Muscarinic receptors – excitatory or inhibitory, found in synapses with effector organs and sweat glands	
2 Norepi- nephrine	released by adrenergic fibres; Released by most postgangl- ionic sympathetic neurons	
Termination of actions of NE:		
	1Monoamine oxidase (MAO): enzyme breaks up NT for reuptake	
	2 Catechol-O-methyl transf- erase (COMT): enzyme metabolizes remaining NT	

Autonomic NTs: Acetylcholine

Axon terminal of autonomic neurons		
release one of two NTs		
1 Acetyl- choline (Ach)	Acetylcholine (Ach) cholinergic fibres	
	a. Released by preganglionic sympathetic neurons (excit- atory)	

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