

### function of nervous system

detects physical change that can affect the body

works with endocrine system to respond to change

excitable characteristics of nervous tissue aids these functions

generation of nerve impulses - action potentials

### cells of nervous system

neurons form processing networks "wiring" within brain and spinal cord, functional unit of the nervous system excitable cells that conduct nerve impulses. bring all regions of the body under the CNS control

glia (protect, nutrients, insulating) smaller and more than neurons. the "glue" that maintains neuronal networks. ability to divide.

### regions of neurons

dendrites (receiving end) conduct nerve signals *toward* the cell body

cell body (aka soma) contains organelles (lysosome, mitochondria, nissl bodies) respond to stimuli

axon conducts nerve impulses *away* from cell body toward other neuron or effector cell.

axon hillock (axon) axon joins cell body. determines if action potential happens (-55v)

synaptic knob/button (axon) carry info of stimulus as electrical impulse

### regions of neurons (cont)

cytoskeleton "railway" allowing rapid transport of small organelles to/from far ends of neuron. Motor molecules shuttle vesicles with NT between soma and terminal buttons. process= axonal transport

### receiving and conducting nerve signals

input zone dendrites, cell body

summation zone axon hillock

conduction zone axon

output zone axon terminal, knobs

### neuronal regeneration

in CNS little to no regeneration possible

in PNS repair possible if cell body not damaged and if shwann cells still capable of producing myelin

### types of channels

leak channels randomly open and close, there are more K+ leak channels than Na+. found in dendrites and cell bodies

ligand (gated) open and close in response to binding with a ligand (specific chemical). found in dendrites and cell bodies.

voltage (gated) opens in response to changes in membrane potential (voltage) charge in mVolts. found in initial segment of axon, a long axon and axon terminals

### Repolarization channels 2 states

movement of K+ is responsible for repolarization

voltage-gated potassium channels have 2 states

resting state channels closed; no K+ movement

activated state channels open; K+ flows down concentration gradients

### local potential

excitation of a neuron when a stimulus triggers opening of NA+ ligand-gated channels. Excess positive ions outside the plasma membrane decreases, the membrane potential becomes more positive (moves toward zero) depolarization

inhibition of a neuron when a stimulus triggers opening of K+ ligand-gated channels as K+ diffuses out of cell, excess of positive ions outside plasma membrane increases membrane potential hyperpolarization

### propagation of AP conduction speed

axons with larger diameter have faster conduction speeds myelinated axons get signal to axon terminal faster

saltatory conduction myelin sheath increases efficiency and speed of signal conduction; AP only depolarize nodes of Ranvier and "jump over" internodes

### propagation of AP conduction speed (cont)

continuous conduction every section of unmyelinated membrane from trigger zone to axon terminal must propagate AP; slow conduction speed

### local anesthetic drugs

cause temporary numbness to a specific region of the body

block voltage gated Na<sup>+</sup> channels of neurons in treated area; prohibits depolarization

causes APs relaying pain to not be transmitted to CNS

cause temporary paralysis

### neurotransmitters (NT) classifications

function (post synaptic receptor) 2 main classifications: excitatory or EPSPs and inhibitory IPSPs; or whether receptor directly opens a channel, ionotropic or indirectly, metabotropic.

structure (mechanisms, NTs cause a change) 2 main classes: small and large-molecules transmitters; because the functions of specific NTs vary by location theyre usually classified by chemical structure.

### 3 fundamental steps

1. sensory function detects internal and external stimuli

2. interpretation is made (analysis)

3. motor response occurs (reaction)

### type of effector regulated

somatic nervous system (SNS) info to the somatic effectors, skeletal muscles

autonomic nervous system (ANS) info to autonomic or visceral effectors, smooth muscle, glands, adipose tissue, other involuntary tissue.

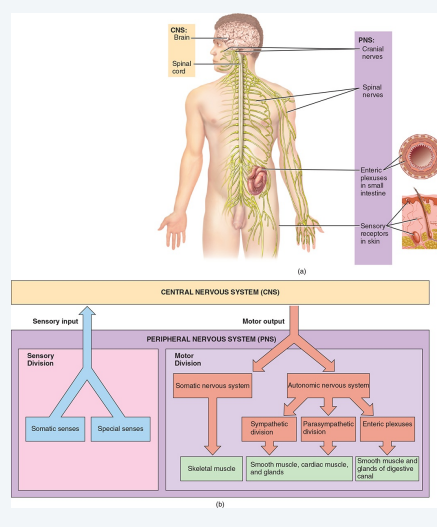
enteric nervous system (ENS) info to digestive system effectors

### efferent pathways of ANS

sympathetic division pathways exiting the middle of the spinal cord, trigger fight or flight response

parasympathetic division pathways exiting brain or lower portions of the spinal cord, triggers rest and repair response.

### nervous system division



### functional classification

Sensory or afferent neurons conveys impulse *into* CNS through cranial or spinal nerves

Motor or efferent neurons convey impulses *away* from CNS to effectors

Interneurons/Association neurons located between sensory and motor neurons and process sensory info. elicit motor response

### white vs gray matter

white matter composed of cell bodies and unmyelinated fibres

CNS: myelinated tracts CNS: referred to as nuclei (not nucleus)

PNS: myelinated nerves PNS: referred to as ganglia

### changes resting potential (RMP)

depolarization Na<sup>+</sup> channels open. Allows positively charged Na<sup>+</sup> to flow into cell Membrane potential becomes **more positive**

repolarization K<sup>+</sup> channels open. Allows positively charged K<sup>+</sup> to flow out of cell. Cell becomes **more negative**, returning to RMP

hyperpolarization - cell becomes more negative than its normal RMP due to loss of K<sup>+</sup>

### 3 general phases AP

depolarization phase	membrane potential rises toward zero, then becomes positive briefly
repolarization phase	membrane potential returns to a negative value
hyperpolarization phase	membrane potential temporarily becomes more negative than resting membrane potential

### mechanisms that produce AP

1. Stimulus applied to neuron, triggers ligand-gated Na<sup>+</sup> channels to open; Na<sup>+</sup> diffuses rapidly into cell = local depolarization
2. If magnitude of local depolarization surpasses a limit threshold potential (-55v) voltage-gated Na<sup>+</sup> channels activated
3. More Na<sup>+</sup> enters cell = further depolarization
4. Action potential is an ALL-OR-NONE response
5. Voltage-gated Na<sup>+</sup> channels stay open for ~1 ms
6. More Na<sup>+</sup> rushes into cell, membrane rapidly moves toward 0mV
7. continues in a positive direction to peak around +30v; an excess of positive ions inside the membrane
8. after action potential peaks, membrane potential begins to move back toward the resting membrane potential.
9. Na<sup>+</sup> stop flowing into axon, K<sup>+</sup> begins exiting axon as repolarization begins
10. as neuron's plasma membrane returns to RMP, there is a brief period of hyperpolarization; membrane potential more negative than RMP before K<sup>+</sup> channels return to resting state
11. Na<sup>+</sup> channels return to resting state
12. RMP is restored by Na<sup>+</sup>- K<sup>+</sup> pumps

### summation

summation where all input from several postsynaptic potentials are added together ( excitatory postsynaptic potential and inhibitory postsynaptic potential) to affect membrane potential at trigger zone

2 types

temporal summation	NT releases repeatedly from axon terminal of a single presynaptic neuron
spatial summation	involves simultaneous release of NT's from axon terminals of many presynaptic neuron.

### synaptic transmission sequence of events

- 1 AP reaches synaptic knob, causes Calcium Voltage gated channels to open Ca<sup>2+</sup> diffuses into knob
- 2 increase Ca<sup>2+</sup> triggers release of NT by exocytosis
- 3 neurotransmitters diffuse across synaptic cleft and bind to receptors, causing ion channels to open
- 4 opening of ion channels produces a local potential possibly an action potential is threshold is reached
- 5 the NT's action is quickly terminated

### large molecule NTs

neuropeptides	act as neuromodulator: released with other NTs and modifies their effects
example	Endorphins, substance P

### peripheral nervous system

nervous tissue in outer regions of the body  
 cranial nerves- originate in brain communicate with peripheral nerve  
 spinal nerves - originate in spinal cord

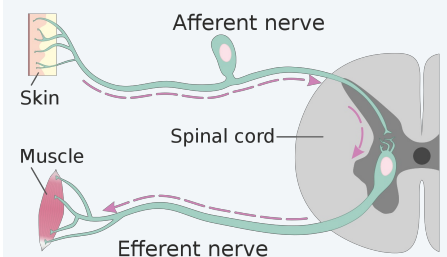
### central nervous system

structural and functional centre  
 brain and spinal cord  
 brings in incoming sensory info then evaluates info, creates outgoing response

### pathways divisions

afferent division	carry toward, all incoming sensory and afferent pathways.
efferent division	carry away, all outgoing motor or efferent pathways

### afferent vs efferent



### Glia

astrocyte (CNS)	(tight junctions =blood-brain barrier) Connect neurons and capillaries of the brain. transfers nutrients
microglia (CNS)	(macrophages) In inflamed brain tissue, they enlarge, move and carry on phagocytosis
Ependymal cells (CNS)	Produce or aid in circulation of fluid (help make CSF)

### Glia (cont)

oligo dendro-cytes (CNS) Hold nerve fibers together and produce myelin sheath (wraps itself around neuron)

shwann cells (PNS) Hold nerve fibers together and produce myelin sheath (wraps itself around neuron)

### nerves and tracts

**NERVES** bundles of peripheral layers of nerves held together by layers of C.T

epineurium surrounds complete nerve (superficial)

perineurium surrounds bundles of nerve fibres (fascicles)

endoneurium surrounds each neuron (deep)

in CNS bundles of neurons are called tracts or fasciculi not nerves

### remember

(-) inside cells k+, (+) outside cells Na+

### 2 types of electrical signals

local potentials *short* distance, shift away from RMP in a specific region of the plasma membrane. (strength of potential decreases with distance)

action potentials *long* distance (axon length), only travel from axon hillock to axon terminal only generated in trigger zone (axon hillock, initial segment of axon)

### depolarization channels 3 states AP

Na+ movement is responsible for depolarization

voltage gated Na+ channels have an activation gate and inactivation gate with 3 states

resting state inactivation gate open and activation gate closed; no Na+ movement

activated state activation and inactivation gates open when an action potential is initiated; due to voltage change

inactivation state inactivation gate closed and activation gate open; no Na+ movement; once action potential is over channel returns to resting state

### refractory period

period after AP when a neurons cannot be stimulated to generate another AP

### propagation of AP sequence

1 the plasma membrane depolarizes to threshold at trigger zone due to local potential

2 as Na+ channels activate, an AP is triggered and spreads down the axon

3 the next section of plasma membrane depolarizes to threshold and fires an AP as the previous section of plasma membrane repolarizes

4 the current continues to move down the axon, and the process repeats

### neuronal synapses

synapses where signals are transmitted one neuron (sender presynaptic) to another neuron/muscle (receiver-postsynaptic)

two kinds

### neuronal synapses (cont)

1 electrical synapses cells joined end to end (gap junctions); cardiac muscles cells, smooth muscle cells, parts of brain

2 chemical synapses presynaptic cells release chemical transmitters across a tiny gap to postsynaptic cell, possibly including an AP there

synaptic knob tiny bulge at end of a terminal branch of presynaptic neuron's axon that contains vesicles housing NTs

synaptic cleft space between a synaptic knob and the plasma membrane of a postsynaptic neuron

PLasma membrane of presynaptic neuron has protein molecules that work as receptors for neurotransmitters (NTs)

Ionotropic receptors direct; ion channels

Metabotropic receptors indirect; proteins that bind NT and signals ion flow elsewhere.

### small molecule NTs

acetylcholine Excitatory and Inhibitory roles; deactivated by acetylcholinesterase

amines Monoamines and catecholamines ; ex dopamine, epinephrine, norepinephrine

### small molecule NTs (cont)

amino acids	Common neurotransmitters in CNS; ex Glutamate, Glycine, Aspartate, Gabba aminobutyric acid
other small molecule transmitters	Nitric Oxide, Carbon monoxide



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Not published yet.  
Last updated 14th November, 2022.  
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