

Pre-Op Pt. Cheat Sheet by gela (gelbel69) via cheatography.com/158225/cs/33424/

Purpose

- 1. Diagnosis
- 2. Cure
- 3. Palliation
- 4. Cosmetic improvement
- 5. Prevention
- 6. Exploration

Psychosocial reaction

Generally Stressful but needed, but if excessive – recovery can be affected.

- 1. Fear of pain
- 2. Fear of unknown
- 3. Fear of mutilation
- 4. Fear of death
- 5. Fear of anesthesia
- 6. Fear of disruption of life pattern

Preoperative assessment

- 1. Psychosocial assessment
- Situational changes
- Concern with the unknown
- Concern with body image
- Past experiences
- Knowledge deficit

History taking for pre-operative patient

1. Health perception-health management pattern

Health perception-health management

What was explained?

Anesthesia problem?

Smoking?

Chronic illness?

Medication?

Alcohol intake?



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