

Planes of the body

coronal (frontal)	front and back
transverse (axial)	top and bottom
sagittal (lateral)	left and right
midsagittal (midline)	left and right (equal halves)

Spinal Column

Cervical	7
Thoracic	12
Lumbar	5
Sacrum	5
Coccyx	4

Upper Airway

Nasopharynx	connects with the nasal cavity
Oropharynx	back of the throat
laryngopharynx	
larynx	voice box
trachea	windpipe
epiglottis	flap that covers trachea

Lower Airway

Thyroid Cartilage	Adam's Apple, anterior of larynx
Cricoid Cartilage	just above trachea
alveoli	air sacs, gas exchange takes place

Breathing Mechanics

pleura	smooth, glistening layer over lungs
pleural space	space does not exist (under normal conditions)
diaphragm	primary muscle of breathing



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Not published yet.

Last updated 6th December, 2025.

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