

### Planes of the body

coronal (frontal)	front and back
transverse (axial)	top and bottom
sagittal (lateral)	left and right
midsagittal (midline)	left and right (equal halves)

### Spinal Column

Cervical	7
Thoracic	12
Lumbar	5
Sacrum	5
Coccyx	4

### Upper Airway

Nasopharynx	connects with the nasal cavity
Oropharynx	back of the throat
laryngopharynx	
larynx	voice box
trachea	windpipe
epiglottis	flap that covers trachea

### Lower Airway

Thyroid Cartilage	Adam's Apple, anterior of larynx
Cricoid Cartilage	just above trachea
alveoli	air sacs, gas exchange takes place

### Breathing Mechanics

pleura	smooth, glistening layer over lungs
pleural space	space does not exist (under normal conditions)
diaphragm	primary muscle of breathing



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Page 1 of 1.

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