Cheatography

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MEDICATION ERROR category		
А	potential for error	Ala pa naman
В	error did not reach patient	Buti di umabot
С	error but no harm	Char wala lang pala
D	error with monitoring	Dapat i-monitor
Е	error with Temporary reversible harm	temporarE / Eentervention
F	error & hospitalization	hosFital
G	error with Permanent injury	Grabe permanent
Н	error with near death	nagHingalo
I	error with death	lyak
Clinical Trials		

Phase I	is it safe? Goal:safety	25-50 healthy people (non-blinded)
Phase II	does it work? Goal: safety, efficacy	10-200 with disease (single-blinded)
Phase III	is it better? Goal: safety, efficacy	200-1000 with disease (double-blinded)
Dhase IV/ Deet m	- destination (Discussion destinations)	

Phase IV Post-marketing surveillance (Pharmacovigilance)

Types of ADR	
A - augmented predictable, dose-dependent, extension effect	
B - bizarre	Unpredictable, dose-independent, hypersensitivity rxns, idiosyncratic rxns
C - continuous	long term effect related to drug, chronic use
D - delayed	manifested long after the exposure, carcinogenicity, teratogenicity
	PREGNANCY RATINGS:
	A - safe: human & animal
	B - safe (human), unsafe (animal)
	C - no studies (human), unsafe (animal)
	D - unsafe (human): beneifits>>>>risk (can use)
	E - unsafe (human): risk>>>> benefits (cant use)
E - end of use	From sudden termination, abruptly discontinued
F - failure of therapy	resistance, inappropriate use, patient tolerance, AMR

Waist hip ratio		
MEN	WOMEN	Risk
MT 40 inches	MT 35 inches	Cardiovascular & Metabolic disease
LT 0.85	LT 0.75	Excellent, less risk
1 or higher	1 or higher	increased risk

Body MASSAGE Index		
Wt(kg)/ht(m) X 2	wt(lbs)x703 / ht(in)x2	
Underweight	<18.5	
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Body MASSAGE Index (cont)Normal weight18.5 - 24.9Overweight25 - 29.9Class I obesity30 - 34.9Class II obesity35 - 39.9Class IIIMT 40

Blood Pressure		
	Systolic	diastolic
Normal	<120	<80
Pre-HTN	120-139	80-89
Stage 1 HTN	140-159	90-99
Stage 2 HTN	MT 160	MT 100

DD book	
S1	retail dealer o exemp dd
S2	prescriber in prescribing dd
S3	retail dealer of da & excempt da preparations
S4	wholesaler dealer of dd
S5I	Importer of da & exempt da preparations
S5C	compounder, producer, & manufacturer of da & excempt da preparations
S5E	Exporter of da & excempt da preparations

Terminal Sterilization		
Moist heat	Protein coagulation	autoclave (121 C, 15 psi, 15-30mins)
Dry heat	Oxidation	Oven (160 C, 2-4hrs)
Membrane Filtration	physical separation	0.2 micron filter (for heat sensitive)
Gas	alkylation	ethylene Oxide (Carboxide, 10% EtO + 90% CO2)
Ionizing Radiation	DNA mutation	Gamma rays

LAWS

Essential Drugs List of National Drug Formulary

list of alternative drugs prepared & periodically updated by the DOH on the basis of health conditions obtaining in the Philippines, as well as on the internationally accepted criteria Core List list of drug that meets the

	needs of majority of population
Comple-	list of alternative drugs used
mentary	when no response to the core
List	list

Hospital

Dispensing (cont)Subscriptiondirection to the RPhTransc-signa, direction to theriptionpatient

ADVERSE drug effect

RA 5921 / 10918 Pharmacy Law	RA 6675 Generics Act of 1988	
RA 3720 Food, Drugs & Cosmetics Act	RA 8203 Special Law on Counterfeit Drugs	
RA 6425 Dangerous Drugs Act of 1972	RA 4226 Hospital Licensure Act	
RA 9165 Compre- hensive Dangrous Drugs Act of 2002	RA 9275 Expanded Senior Citizens Act of 2003	
AO 90 s. 1990 allowed more than 1 medication written in given prescription except Dangerous Drug prescription		
AO 62 s. 1989 rules and implement PRESCRIBE under RA 6675	0	
AO 2012 - 0012 classifie hospitals	cations/types of	
RA 4226	PHILIPPINES Hospital Licensure Act	
EO 49 s. 1993 Govt Hos must follow only vol 1 of		
AO 63 s. 1989 dispensi under RA 6675	ng requirements	

AO 55 labeling requirements under RA 6675

Record & Filing	
Prescription record Book	keep for 2 years
Dangerous drugs record Book	keep for 1 yr
Poison Book	keep for 5 years
Normal Prescr- iption	valid for 1 month
	keep in file for 1 yr
DD Prescription	limit for 1 month
	antiCA limit for 3 months (ex: Morphine supply)
	Yellow - kept by RPh
	White - kept by physician
	Green - kept by patient

healthcare professionals, the diagnostic & therapeutic facilities, equipment & supplies & the physical facilities into a coordinated system for delivering healthcare to the public		
Public	prevention, mitigation of	
Health	disease in the community	
	primordial - goes before the	
	patient, changes soceity	
Primary - prevent disease, no		
disease yet		
secondary - early detection,		
treatment		
tertiary - limit disability, rehab		
Hospital	practice of pharmacy in	

organized structure pools together all

Dispensing

Pharmacy

Preparation & Delivery of a drug or device		
PRESCRIPTION: written	Valid for 1	
order & instruction from	month (28	
licensed prescriber to the	days); keep	
pharmacist for specific	in file for 1	
patient	yr	
Superscription	Rx, recipe	
Inscription	Drug and	
	dosage	

hospital setting

Any untoward occurence during use of a drug, without without correlation

ADR	noxious and unintended, doses normally used
S/Es	Unintended effect at normal doses, related to pcol properties
Toxicity	noxious and unintended or intended, dose is higher than normal
ME	preventable but lead to cause harm while in control of a profes- sional, patient

Study Designs	5
Case - conrol	retrospective study, info collected from the past
	inexpensive, recall bias
Cohort	prospective/longitudinal study, no intervention
	time consuming, expensive, less recall bias
Cross - sectional	survey at a single point in time
	new + on-going cases
Randomized controlled	clinical trials, GOLD standard, experimental study, 2 or more treatments and placebo
	costly,, time consuming, ethical considerations

Evidence Based Medicine

conscientious, explicit & judicious use of concurrent best evidence in making decisions about the care of individuals

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Drug Management Cycle			
Essential Drugs	satisfies health majority	ncare needs of	
Prescription	vs. OTC drugs		
Prescription Ethical Drug		ILY upon writtn	
	÷	For management or treatment of a condition or disease	
Non-presc- ription / OTC Drugs		ithout written	
only for symptomatic relief at minor self-limiting ailments			
Incorrect Pre	escription		
Erroneous	Violative	Impossible	
brand nme precedes genric name	generic name is not indicated	generic name is written but NOT legible	
X - (generic name)	generic name is NOT legible but brand name is legible	generic name does not correspond to brand name	
brand name not in ()	Brand name is only indicated "NO SUBSTI- TUTION"	both generic and brand name are NOT legible	
"Shall be filled"	"Shall not be filled"	product is not registered to FDA	
dispense, report	don't dipense, report	"Shall not be filled"	
		don't dispense, report	

Physical Assessment				
Respiratory rate	12-20 breathe/min			
	Number of breaths in 15 secs x 4			
Heart Rate	60-100 BPM			
	number of pulse in 15 secs x 4			
Temperature	37 C / 98.6 F			
	F = C (9/5) + 32			
	C = F-32 (5/9)			

Dangerous Drugs		
PROHIBITED drugs	\$	
opium & its derivatives	Heroin & Morphine	
coca leaf & its derivatives	Cocaine	
	a & b Eucaine	
	Hallucinogenic drugs (Mescaline, Lysergic acid diethylamide)	
Indian Hemp & its derivatives		
other drugs (natural or synthetic) with physiological effects of narcotic drug		
REGULATED drugs		
Sleep-inducing sedatives	barbitals	
any salt, isomer, or salt of isomer of Amphetamine	Benzedrine or Dexedrine	
Hypnotic drugs	Methequalone	

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