

| Body Butter |  |
| :--- | :--- |
| Ratio | Ingredient |
| $60 \%$ | Water |
| $3 \%$ | Humectant |
| $12 \%$ | Liquid Oil |
| $15 \%$ | Solid Oil (butter) |
| 0 | Wax |
| $3 \%$ | Thickener |
| $7 \%$ | Emulsifier |


| Barrier Cream |  |
| :--- | :--- |
| Ratio | Ingredient |
| $60 \%$ | Water |
| $3 \%$ | Humectant |
| $15 \%$ | Liquid Oil |
| $5 \%$ | Solid Oil (butter) |
| $5 \%$ | Wax |
| $3 \%$ | Thickener |
| $7 \%$ | Emulsifier |
|  |  |
| Anhydrous Products |  |
| Formulations without water (anhydrous ). |  |

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Page 1 of 2 .

| Balm |  |
| :--- | :--- |
| Ratio | Ingredient |
| 0 | Water |
| 0 | Humectant |
| $80 \%$ | Liquid Oil |
| 0 | Solid Oil (butter) |
| $20 \%$ | Wax |
| 0 | Thickener |
| 0 | Emulsifier |
| Whipped Butter |  |
| Ratio | Ingredient |
| 0 | Water |
| 0 | Humectant |
| $20 \%$ | Liquid Oil |
| $80 \%$ | Solid Oil (butter) |
| 0 | Wax |
| 0 | Thickener |
| 0 | Emulsifier |
| Use a hand beater for a "fluffy" texture. |  |
|  |  |

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## By emmajane

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Page 2 of 2.

## Instructions

Weigh water and humectant in a heat-proof container.

Weight oil, butter, wax, emulsifier, thickener in a heat-proof container.

Set both containers into bath of hot water.
Heat to 70C. Hold at temp for 20 minutes.
Pour water into oil. Ensure container mouth is big enough for stick blender.

Blend with a hand blender or beater for at least 3 minutes.

Let cool to 40C.
Add essential oils and preservative.
Blend additional 3 minutes.
Pour completed lotion/salve into containers.

## Helpful Hints

Print out this cheat sheet and circle the type of product you are making.
To make 200 g of a product, multiply the $\%$ ratio by 2 for each ingredient. e.g. $10 \% \times 2=20 \mathrm{~g}$.

Lotions will be approximately 1.25 larger than the weight in grams. For example: 100 g will be about 125 mL .

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