

Primary Healthcare

Primary healthcare is key to empowering populations to lead healthy lives

Primary care - delivery of community based clinical healthcare

Primary health care - principle-based comprehensive approach

Role of NP in PHC

Deliver PHC through nursing paradigm which addresses social inequities

Clients are empowered with their HC when working with NPs

NPS provide holistic care with advanced knowledge and responsibilities

CHA- Accessibility

Everyone in Canada should have access to healthcare

Gap in accessing services to rural and remote areas

NPs improve access to Hc:	early diagnosis, reduced costs, prevent admission
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later clinic hours to increase accessibility	- decreases barrier: childcare/work related
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Bring provider to client	geography/ unable to afford gas
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Uniform conditions without financial burden

1. Client care, F. Health promotion

identify strengths and needs & develop strategies to address issues

II. Quality improvement: accessibility

identify need for improvements in health service delivery

III. Leadership: accessibility

- Promote benefit of NP role to pts and HC providers
- implement strategies to integrate and optimize NP role within HC teams/systems to improve client care
- advocate for policy development to enhance client care
- Participate in program planning + development

NP to improve HC

Improve access	Decrease wait times
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Alleviate pressure on HC	Continuity of care
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Public participation

Can make decisions that affect their lives planning, developing, delivering services

Taking action to achieve change

Taking action to achieve change

Directly engage public to become actively involved in defining issues. for example; Dr. Wanda Martin presented on how they involved indigenous communities in research to understand their needs -> goes back to making sure people have a seat at the table if it directly affects them

Components of public participation

Empowerment:	Continuous process to gain more control over their lives
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Capacity-- building	strengthen communities to build resources that allow them to take action
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Community development	Social justice, participation, taking action, community defined priorities
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Importance of involvement

Right to make decisions that affect them

knowledge of their community and what is best for them

Being asked opinion but not being taken into account

Want to be involved

All have something to contribute

Target resources more effectively

develop competencies within communities

Extends democratic process - redressing inequality in power

How does public participation work?

assess needs/get to know stakeholder

agreeing on a vision

determine level of public participation

generate ideas and plans for action

Enabling action

Monitor/evaluate

ELCs of public participation

I. Client care	relationship building
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II. QI	identify/amange risk
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III. Leadership	learn with and from to facilitate change
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IV. Education	Client, community and team education
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Health promotion

By:	By: Public policy, supportive environments, strengthen community action, develop personal skills
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Compon enets:	governance, health literacy, healthy cities
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Empower populations to take control of health and address root cause of health challenges

Policy development is one way we promote health



Disease prevention/ management

address RF that lead to development of disease	behaviour change
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Screening

Nurse practitioners integrate health education and health promotion to prevent illness

-they manage with their ability to prescribe diagnostic test to diagnose or evaluate disease status. they can also prescribe medications to manage the illness.

ELC - disease management

I. client care

- relationship building
- assessment/diagnosis
- Tx + management
- collab, consult and refer
- health promotion

intersectoral collaboration



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Page 2 of 2.

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