# Cheatography

# Theory - advocacy Cheat Sheet by Emilie Lamarche via cheatography.com/171396/cs/35976/

## Definition of advocacy

speaking on behalf of another person or policy

Advocate for pts based on their needs and preferences

-work as a safeguard for pts

# Policy advocacy

Inlfucencinng service delivery to enhance services for a client group or community as a whole

# Advocacy in nursing

Advocacy involves engaging others, exercising your voice and mobilizing evidence to influence policy and practice -speak out against equality and inequality -participating directly or indirectly in political processes and acknowledge importance of evidence, power and politics in advancing policy

Advocating for NP profession		
Group action	- common goal	
Advocating for N	IP profession	
Group action	- common goal; engagement + collab; action	
Safeguarding mechanism	-nursing perspective; address inequities	
Trnasform- ative	-Evidence based; change focused	



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# What motivates advocacy

self-concept
job motivation/satisfaction
social justice
public image of nursing
access to care
quality of HC
Title protection goals

1. Standardized education	
2. Nationalize licensure process	
3. Achieve consistent legisl-	not yet
ation across canada	achieved

# history of NP advocacy

-establish regulatory frameworks	For professional practice + education
-Legislative changes SOP	to reflect extended
National licensure	
Outcomes of the adv -title protection -rise of np-led clinics -growth of NP workfor	

#### ELC - advocacy

Ι.	promote role of NP to clients,	
client	HCP, public, policy makers	
care		
promote	role of NP to clients, HCP, public	
service sectors, the public, legislators, and		

service sectors, the public, legislators, and policy makers

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### Barriers to NP practice

Role clarity	lack of awareness/under- standing
Restricting full SOP	Varying level of autonomy
NP funding	
Physician resista	nce

Barriers to NP practice		
Role clarity	lack of awareness/understa- nding	
Restri- cting full SOP	Varying level of autonomy (institutional policy); lack of federal legislation; unclear definitions;	
NP funding	Np role implementation is dependent on jurisdictional funding	
Physician resistance	FFS incompatible collab, SOP can cause tension, perception of insufficient training of NPs	
full SOP dire	ectly affects HC delivery and pt	

Funding - no direct billing, not sustainable

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Benefits of fully utilizing NP role		Wha	
Promotes CHA	protect, promote and restore physical and mental well-being: reasonable acess without financial barriers		Join Eval strate
NPs help in	nproves access to health care -		Expl
decreased	wait times and alleviate pressure		Rela
Pt satisfact			multi
			Men
Holistic app			
NP care is just as effective, safe and competent as physicians			Mark
Thorough communication			
Time		-	
Collaborativ	on to advocate for NPs		
each partic	ce that maximizes contribution of ipant		
fosters role	clarity		
generates t	eam capacity		
enahnces holistic care			
promotes strategic alliance			
Establish role autonomy			
Training an	d development as strategy		
Mentoring and preceptorship			
Support from colleagues			

Opportunities for professional growth and development



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What can we do?	
Join CNA	Collaborate
Evaluate mentorship strategies	Communicate and share ideas
Explore politics	Research opport- unities
Relationships with multidisciplinary team	Be at the table
Mentor future NPs	NP leadership role
Marketing/promoting	Connect with community