

### Why do people have different diets?

Personal	Social	Economic	Health related
Preferences	Religion	Affordability	Allergies
Enjoyment	Culture		Intolerances
Lifestyle choices	Availability		Medical conditions
	Seasonality		

### Different religions and impact on food choice

Religion	Dietary requirements
Buddhism	. Vegetarian
Hinduism	. No beef, many are vegetarian
Islam	. No pork, only halal meat, no alcohol
Judaism	. No shellfish or pork, only kosher meat, Do not mix dairy and meat
Rastafarianism	Fish must be 30cm+, no pork, no alcohol, milk or coffee
Sikhism	. No beef, Many vegetarian/ovo-lacto vegetarian



By **emams19**

[cheatography.com/emams19/](https://cheatography.com/emams19/)

Not published yet.

Last updated 11th February, 2023.

Page 2 of 2.

Sponsored by **ApolloPad.com**

Everyone has a novel in them. Finish Yours!

<https://apollopad.com>

