

### Respondent behaviours

occurs automatically and is a reflex, such as pulling your hand away from a hot stove

These behaviours don't have to be learned as they occur automatically

### Operant behaviours

this type of behaviour is something that is controlled. it can occur impulsively or purposely but the consequences of the action will influence whether it is repeated again.

### Positive reinforcement

receiving a reward for behaving in a certain way / doing something good

example - training a dog to sit by giving him a treat when he sits

### Negative reinforcement

rewarding good behaviour by removing a negative stimulus

example- child learns to tidy their room to avoid making their parents mad

### Positive punishment

punishing bad behaviour by adding a negative stimulus (such as shouting)

example - police gives a driver a fine for speeding

### Negative punishment

punishing bad behaviour by removing a positive stimulus

childs phone is taken away for bad behaviour



By **elldrewy3**

[cheatography.com/elldrewy3/](https://cheatography.com/elldrewy3/)

Not published yet.

Last updated 29th August, 2022.

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