Respondent behaviours

occurs automatically and is a reflex, such as pulling your hand away from a hot stove

These behaviours don't have to be learned as they occur automatically

Operant behaviours

this type of behaviour is something that is controlled.it can occur impulsively or purposely but the consequences of the action will influence whether it is repeated again.

Positive reinforcement

receiving a reward for behaving in a certain way / doing something good

example - training a dog to sit by giving him a treat when he sits

Negative reinforcement

rewarding good behaviour by removing a negative stimulus

example- child learns to tidy their room to avoid making their parents mad

Positive punishment

punishing bad behaviour by adding a negative stimulus (such as shouting)

example - police gives a driver a fine for speeding

Negative punishment

punishing bad behaviour by removing a positive stimulus

childs phone is taken away for bad behaviour

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