Cheatography

Specific Phobia Cheat Sheet by Eljiin via cheatography.com/200545/cs/42356/

DSM 5 Diagnostic Criterion

Marked fear or anxiety about a specific object or situation

Animal

Natural environment

Blood-injection-injury

Situational

Other

Provokes immediate fear or anxiety

Actively avoided or endured with intense fear or anxiety

Significant distress or impairment

Duration: ≥ 6 month

Etiology

Learning Theory

Evolutionary Preparedness Theory

Immunization effect theory



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