

DSM 5 Diagnostic Criterion

Marked fear or anxiety about ≥ 1 social situations

Fear of negative evaluation

always provoke fear or anxiety

avoided or endured with intense fear or anxiety.

out of proportion to the actual threat

clinically significant distress or impairment

Duration: ≥ 6 month

Specifiers

Performance SAD fear is restricted to speaking or performing in public

Public bathroom performance Slightly more common for men

Epidemiology

Prevalence 12%

Onset 13-16 years old

Gender 2F:1M

Racial/Ethnic Lower in East Asian countries

Rate similar in America, but lower prevalence for Hispanic and Black ethnicity

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Not published yet.

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