

AM Routine	
White board/message for assigned floor	
Sign in	
Print list	
Highlight & prioritize (evals, ortho, IP, d/c)	
Chart Review	
Orders > notes > VS > flow > pain > avatar	
Note...	
Precautions, WBS, splint/brace	
BP/VS/pain	
Prior assist level	
Last therapy session	
Appt Priority	
High	Joint, spine, stroke, d/c to AR
Mod	5 days/week
Low	Decreased participation, max Ax2
Common Precautions	
Posterior THA	flex past 90° toes inward crossing legs
Anterior THA	extension toes outward crossing legs
Abdominal	roll & pillow lifting > 5-10 lbs pulling with UE
Sternal	straining pushing up with UE pulling with UE
Pacemaker	lifting > 5-10 lbs shoulder flex/aBd > 90° reaching back past 0° pushing up
*Verify WBS	

Hold OT if...
Bedrest or no activity, WB, or OT orders
MAP < 65
Hgb < 7
Na < 120 or > 160
K < 2.5 or > 6
D-dimer < 250
PICC in 24hrs (NWB)
DVT/PE test (doppler, NM lung, CT chest, VQ)
*Check red values

Stroke Specific
"Stroke Protocol" in orders
Evals complete set of orthostatic vitals
Must do Modified Rankin Score (flow)

CVA Localization	
Posterior Cerebral Artery	Contralateral homonymous hemianopia Spell & write, unable to read
Anterior Cerebral Artery	Contralateral LE weakness & sensory deficits Urinary incontinence
Middle Cerebral Artery	Contralateral weakness of face and upper limb +/- aphasia (dom hemisph) or hemineglect (non-dom) Wernicke's (Word salad - unable to understand speech) Broca's (Broken articulation - can understand, not produce)

CVA Workup Assessments
ROM
Serial opposition
MMT + grip strength
UE sensation
Ask about vision, numb or ting
Finger-to-nose
RAMs
ADLs: socks, standing grooming, toilet transfer
*take orthostatic BP

Include in Eval Note
Precautions fall, lines/tubes, WBS, op s/p date
Pt goals ADLs, fx mobility/transfers, safety

Additional Screeners
Short Blessed
Vision (saccades, smooth pursuits, H/N)
Clock Drawing
SLUMS
MoCA

Ascom	
Emily G	7954

Codes	
2E	1010
Therapy rooms	5328

8-Min Rule Medicare	
Minutes	Units
8 - 22	1
23 - 37	2
38 - 52	3
53 - 67	4
68 - 82	5
83 - 97	6

