

AM Routine
White board/message for assigned floor
Sign in
Print list
Highlight & prioritize (evals, ortho, IP, d/c)

Chart Review
Orders > notes > VS > flow > pain > avatar
Note...
Precautions, WBS, splint/brace
BP/VS/pain
Prior assist level
Last therapy session

Appt Priority
High Joint, spine, stroke, d/c to AR
Mod 5 days/week
Low Decreased participation, max Ax2

Common Precautions
Posterior THA flex past 90°
toes inward
crossing legs
Anterior THA extension
toes outward
crossing legs
Abdominal roll & pillow
lifting > 5-10 lbs
pulling with UE
Sternal straining
pushing up with UE
pulling with UE
Pacemaker lifting > 5-10 lbs
shoulder flex/aBd > 90°
reaching back past 0°
pushing up

*Verify WBS

Hold OT if...
Bedrest or no activity, WB, or OT orders
MAP < 65
Hgb < 7
Na < 120 or > 160
K < 2.5 or > 6
D-dimer < 250
PICC in 24hrs (NWB)
DVT/PE test (doppler, NM lung, CT chest, VQ)
*Check red values

Stroke Specific
"Stroke Protocol" in orders
Evals complete set of orthostatic vitals
Must do Modified Rankin Score (flow)

CVA Localization
Posterior Contralateral homonymous
Cerebral hemianopia
Artery Spell & write, unable to read
Anterior Contralateral LE weakness &
Cerebral sensory deficits
Artery Urinary incontinence
Middle Contralateral weakness of
Cerebral face and upper limb
Artery +/- aphasia (dom hemisph) or
hemineglect (non-dom)
Wernicke's (Word salad -
unable to understand
speech)
Broca's (Broken articulation -
can understand, not produce)

Include in Eval Note
Precautions
fall, lines/tubes, WBS, op s/p date
Pt goals
ADLs, fx mobility/transfers, safety

Common Screeners
Short Blessed
ROM/MMT
Clock Drawing
Sensation
Nose to finger
Vision (saccades, smooth pursuits, H/N)
MoCA
SLUMS

Ascom
Emily G 7954
Kellie 7369

Codes
2E 1010
Therapy rooms 5328

8-Min Rule Medicare
Minutes Units
8 - 22 1
23 - 37 2
38 - 52 3
53 - 67 4
68 - 82 5
83 - 97 6

