Vitals

Resp	12-18 breaths/min
HR	60-100 bpm
BP	90/60 - 120/80
O2 sat	90-100%
MAP	70-110 mmHg

Lab Values

Na/Sodium	135-145 meq/L
K/Potassium	3.5-5 meq/L
Cl/Chloride	96-108 meq/L
CO2/Carbondi-oxide	22-29 meq/L
BUN/blood, urea, nitro	7-20 mg/L
WBC	4,500-11,000
PLT	150,000-450,000
RBC	M: 4.3-5.7
	F: 3.8-5.1
HgB	M: 13-17
	F: 12-16
HCT	M: 41-50
	F: 36-44
Cr/Creatinine	M: 0.6-1.2 mg/dL
	F: 0.5-1.1 mg/dL
Glu/Glucose	70-115 mg/dL
Ca/Calcium	8.5-10.2 (total) mg/dL
	4.65-5.28 (ionized) mg/dL
Phos	2.2-4.5 mg/dL
Mg	1.5-2.5 mg/dL
ICP	5-20mmHg

Telemetry placement

Brown	i HEART chocolate
White (clouds)	on upper right
Green (grass)	lower right (under clouds)
Black (smoke)	Red (over fire) left

Eval data

Name	DOB	Weight	Height
Room #	Age	Dx	A&O x
Precau tions	Isolations	O2	WBS
Diet	Transfer/-device	DME/AE	Soc/fam hx
PMH	PLOF	GG/QI	Balance
MMT	Goni	Dynam	Vision
Cog	Delirium		

Mobility Progression

Bedrest
EOB tolerance
OOB tolerance (sit in bedside chair)
Stand - static
Stand - dynamic
Functional transfer
Bed to bathroom

Contraindications to tx

HR	> 70% APMHR
	> 20% decrease in resting
	< 40 bpm or > 130 bpm
	New onset dysrhythmia
	New anti-arrhythmia med
	New MI by ECG or cardiac enzymes
BP	SBP > 180 mmHg
	> 20% decrease in SPB/DBP; orthostat hypotens
	MAP < 65 mmHg or > 110 mmHg
	Presences or changes in vasopr-essor med
Resp	< 5 breaths/min
	> 40 breaths/min
SpO_2	> 4% decrease
	< 88% - 90%
Mech vent	F_1O_2 >/= 0.60
	PEEP >/= 10

Contraindications to tx (cont)

	Pt-vent asynchrony
	MV mode change to assist-control
	Tenuous airway
Alert/Agitat-ion/Sympt	Sedation or coma - RASS </= -3
	Agitation requiring sedative/-increase; RASS > 2
	Card/output intolerable dyspnea on exertion
	Pt refusal

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