

### SUPPLIES

SMA  
 (3) Hot Towels  
 (2) Sheets  
 Headband  
 Gown  
 (2) Towels for Head  
 (6) Esthi Wipes  
 Facials  
 (2)Bowls  
 Gloves  
 Steamer

### Normal Skin Type

Pores Barely Visible  
 Even Skin  
 Minimal Skin Sensitivities  
 Minimal Blemishes  
 -----  
 Treatment Based on Current Skin Condition  
 Gel Cleanser  
 Mud Mask

### Aging Skin

Wrinkles  
 Age spots  
 lack of tone/ firmness  
 -----  
 Milky/ cream Cleanser  
 Glycolic Acid  
 Vitamin c  
 ceramides  
 Hyaluronic acid  
 chemical peels  
 squalane  
 multivitamin mask  
 enzyme mask

### 1 hr. Facial Steps

Cleanse 2x - 10 Min  
 Analyze- 5 Min  
 Exfoliate-10 Min  
 Extract- 10 Min.  
 Toner  
 Massage- 10 Min.  
 Mask - 10 Min.  
 Toner  
 Serum>Eye Cream> Moisturizer>SPF

### Acne

Large Pores  
 Breakouts  
 Inflammation  
 excessive Sebum  
 -----  
 salicylic acid  
 benzoyl peroxide  
 sulfur  
 clay  
 Gel Cleanser

### Combo Skin

Oily Tzone  
 Dry/ Normal in other areas  
 Two or More skin textures  
 -----  
 double masking for each area

### Massage Movements

Effleurage  
 Petrissage  
 Tapotement  
 Friction  
 Vibration

### Clean Up

Sheets & Towels in Laundry  
 Rinse Supplies  
 Soak in Barbicide (10 min)  
 Wipe Down Bed  
 Remove Items From Barbicide

### Dry Skin Type

Small Pores  
 Dry Rough Skin  
 Flaking  
 Tightness  
 -----  
 Cream Cleanser  
 Lanolin  
 Seaweed/ algae  
 Kojic Acid  
 Hyaluronic acid  
 Glycerin  
 gel mask

