

### SUPPLIES

- SMA
- (3) Hot Towels
- (2) Sheets
- Headband
- Gown
- (2) Towels for Head
- (6) Esthi Wipes
- Facials
- (2)Bowls
- Gloves
- Steamer

### Normal Skin Type

- Pores Barely Visible
- Even Skin
- Minimal Skin Sensitivities
- Minimal Blemishes
- 
- Treatment Based on Current Skin Condition
- Gel Cleanser
- Mud Mask

### Aging Skin

- Wrinkles
- Age spots
- lack of tone/ firmness
- 
- Milky/ cream Cleanser
- Glycolic Acid
- Vitamin c
- ceramides
- Hyaluronic acid
- chemical peels
- squalane
- multivitamin mask
- enzyme mask

### 1 hr. Facial Steps

- Cleanse 2x - 10 Min
- Analyze- 5 Min
- Exfoliate-10 Min
- Extract- 10 Min.
- Toner
- Massage- 10 Min.
- Mask - 10 Min.
- Toner
- Serum>Eye Cream> Moisturizer>SPF

### Acne

- Large Pores
- Breakouts
- Inflammation
- excessive Sebum
- 
- salicylic acid
- benzoyl peroxide
- sulfur
- clay
- Gel Cleanser

### Combo Skin

- Oily Tzone
- Dry/ Normal in other areas
- Two or More skin textures
- 
- double masking for each area

### Massage Movements

- Effleurage
- Petrissage
- Tapotement
- Friction
- Vibration

### Clean Up

- Sheets & Towels in Laundry
- Rinse Supplies
- Soak in Barbicide (10 min)
- Wipe Down Bed
- Remove Items From Barbicide

### Dry Skin Type

- Small Pores
- Dry Rough Skin
- Flaking
- Tightness
- 
- Cream Cleanser
- Lanolin
- Seaweed/ algae
- Kojic Acid
- Hyaluronic acid
- Glycerin
- gel mask



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Page 1 of 1.

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