

SUPPLIES

SMA
(3) Hot Towels
(2) Sheets
Headband
Gown
(2) Towels for Head
(6) Esthi Wipes
Facials
(2)Bowls
Gloves
Steamer

Normal Skin Type

Pores Barely Visible
Even Skin
Minimal Skin Sensitivities
Minimal Blemishes

Treatment Based on Current Skin Condition
Gel Cleanser
Mud Mask

Aging Skin

Wrinkles
Age spots
lack of tone/ firmness

Milky/ cream Cleanser
Glycolic Acid
Vitamin c
ceramides
Hyaluronic acid
chemical peels
squalane
multivitamin mask
enzyme mask

1 hr. Facial Steps

Cleanse 2x - 10 Min
Analyze- 5 Min
Exfoliate-10 Min
Extract- 10 Min.
Toner
Massage- 10 Min.
Mask - 10 Min.
Toner
Serum>Eye Cream> Moisturizer>SPF

Acne

Large Pores
Breakouts
Inflammation
excessive Sebum

salicylic acid
benzoyl peroxide
sulfur
clay
Gel Cleanser

Combo Skin

Oily Tzone
Dry/ Normal in other areas
Two or More skin textures

double masking for each area

Massage Movements

Effleurage
Petrissage
Tapotement
Friction
Vibration

Clean Up

Sheets & Towels in Laundry
Rinse Supplies
Soak in Barbicide (10 min)
Wipe Down Bed
Remove Items From Barbicide

Dry Skin Type

Small Pores
Dry Rough Skin
Flaking
Tightness

Cream Cleanser
Lanolin
Seaweed/ algae
Kojic Acid
Hylauronic acid
Glycerin
gel mask

