

### Distinguishing the differences

Word	Meaning
Man	refers to the entire human race or mankind
Human	refers to man as a species "Homo sapiens". Used in differentiating man and animal
Person	refers to the personality of a human being, possesses self-awareness, self-determination, rational mind, and the capacity to interact with others and with himself/herself.

### Humans has two selves

Physical Self	Cognitive Self
something that can be seen in a person's physical appearance	something within but cannot be seen
essential features of the human way of life	beliefs, desires, dreams and intentions

### Embodied Spirit

Refers to the union of the body and the spirit. The body is dependent on the soul and the soul is dependent on the body.

### Definitions

Body	purely material/physical being
Spirit	thoughts, awareness, emotions, capacity to interact
Body + Spirit	Embodied Spirit

### Three views of the human composition

1. Unspirited Body View
2. Disembodied Spirit View
3. Embodied Spirit View

### Unspirited Body

the person is just his/her body and nothing more. There is no soul, the body acts according to the biological processes and the patterns of behavior.

### Disembodied Spirit

the man is composed of body and soul. the body and soul are separate. The body cannot survive without the soul while the soul is immortal.  
Plato has this kind of view. The nature of the human person is seen as the metaphysical dichotomy between the body and the soul  
Dichotomy- it is the contradiction between the body and the soul

### Plato's View

He is a dualist, immaterial mind and material body.  
Souls exist before birth and after death  
The world of forms is where the soul stays after the death of the body

### Division of the Soul

Reason  
Appetite  
Will

### Three Parts of the Soul

Appetitive Soul	Physical urges of the body. Thirst, hunger, and other physical wants
Spiritual Soul	gives the human person motivation to do things, drives the emotion of a person
Rational Soul	the seat of the mind and responsible for thinking, comprehend, reflect etc.

### Embodied Spirit (Aristotle)

there is no dichotomy between the soul and the body  
Greek word psyche means soul or the principle of life.  
The soul causes the body to live and the body is the form of the soul

### 3 levels of Soul

Vegetative Soul	grow, reproduce and feed itself
Sensitive Soul	grow, reproduce, feed and capable of sensation
Rational Soul	grow, reproduce, feed, can sense and think

### Qualities of an Embodied Spirit

Self-awareness	Interiority, a clear perception of oneself including thoughts, emotions, identity and actions
Self-determination	the ability to choose own decisions and make their own choices
Externality	interaction with other human beings, animals or an inanimate object
Dignity	the inherent value of a person and their importance. No amount of money can be equal to the life of a person



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