Cheatography

Angina Pectoris Cheat Sheet by [deleted] via cheatography.com/94241/cs/20690/

Signs & Sy	mptoms
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Chest pain lasting several minutes

Chest pain brought on by exertion

Relief of chest pain with rest or GTN

Investigations		
Resting ECG:	Exercise ECG:	Angiog- raphy:
ST depression + T wave flattening or inversion during attacks	ST depression (>1mm) at low workload indicates severe CAD + angiography	where diagnosis uncertain

Case study

A 50-year-old man presents to clinic with a complaint of central chest discomfort of 2 weeks' duration, occurring after walking for more than 5 minutes or climbing more than 1 flight of stairs. The chest discomfort resolves with rest within several minutes. He is obese, has a history of hypertension, and smokes 10 cigarettes a day. His father died from a myocardial infarction at the age of 54 years. On examination, his blood pressure is 144/92 mmHg with a heart rate of 82 bpm. The remainder of his examination is normal..

Unstable Angina

Presents with previously diagnosed angina/new onset angina that is progressing:

- more frequent
- longer in duration
- lower in threshold

Can present with rest angina that occurs for more than 20 minutes + occurs within 1 week of presentation



By [deleted] cheatography.com/deleted-94241/

Published 4th October, 2019. Last updated 4th October, 2019. Page 1 of 1. coronary arteries Other treatments nicorandil, ranolazine + ivabradine

factors (smoking,

HTN, diabetes)

Aspirin - 75mg daily to reduce

risk of coronary

Statins - achieve

cholesterol < 5.0

events

mmol/L

Prophylactic therapy:

Beta blockers - reduce

CCBs - relax coronary

Nitrates - reduce

venous diastolic

pressue + dilate

contraction

arteries

HR + force of ventricular

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Management	
Symptomatic	Secondary
Treatment:	prevention of MI,
	sudden death +
	stroke:
Acute attacks	Modification of risk

treated with

sublingual GTN

tablet or spray