

Introduction Well Building Standard

A building certification focusing exclusively on human health. A certification program for buildings focusing on optimizing occupant health, encouraging healthy habits, increasing employee productivity, and improving quality of life.

Credit: <https://www.buildings.com/article-details/articleid/18319/title/5-tips-for-healthy-workplaces/>

How does it work?

Property undergoes a site assessment to determine what modifications you'll need to make to achieve WELL certification. An experienced WELL Accredited Professional will guide you through the process and advise you on modifications as required. When you're done, the International WELL Building Institute, through its collaboration with the Green Building Certification Institute, will conduct on-site performance tests to ensure compliance with silver, gold, or platinum certification levels.

Recertification is required every 3 years

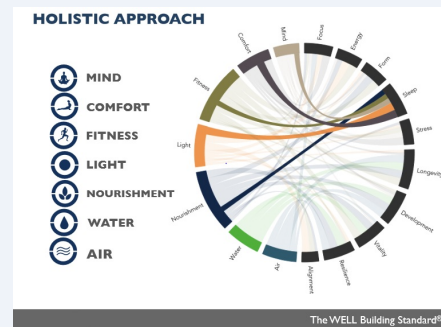
How are buildings judged?

Facilities are assessed according to seven categories: air, water, nourishment, light, fitness, comfort, and mind. Certification requires you to comply with all seven, using recommended techniques like these to achieve a healthier workplace:

Well Building Certification Ratings



Well Building Standard



Seven Categories

- 1. Air:** Remove airborne contaminants with strategies that include prevention, ionization, filtration, and infusion.
- 2. Water:** Remove contaminants such as chlorine and other disinfectant byproducts, dissolved minerals, sediment, bacteria, and calcium carbonate through filtration, treatment, and infusion.
- 3. Nourishment:** Provide occupants with design features and knowledge to enable healthier food choices.
- 4. Light:** Improve occupants' sleep, energy, mood, and productivity through window performance and design, light output, lighting controls, and light therapy.
- 5. Fitness:** Ensure access to numerous opportunities for aerobic, strength, and flexibility training so occupants can accommodate fitness regimens within their daily schedules.
- 6. Comfort:** Create an indoor environment that is distraction-free, productive, soothing, and protected using design standards, controllability, and policy implementation.
- 7. Mind:** Implement design and technology strategies that support mental and emotional health in two ways – actively by providing occupants with feedback and knowledge about their environment, and passively by incorporating design elements, relaxation modalities, and state-of-the-art technology.