

Introduction

The Assessment Based Functional Outcome Quality Measure for Mobility and Self-Care is calculated from the admission Mobility and Self-Care scores using the admission and discharge codes, with some additional criteria. This measure requires risk-adjusted data for the Review and Correct Reports since it estimates the percent of residents who meet or exceed an expected discharge self-care score.

Self-Care Assessment items

1. Eating
2. Oral Hygiene
3. Toileting Hygiene
4. Shower/Bathe Self
5. Upper Body Dressing
6. Lower Body Dressing
7. Putting on/taking off Footwear

The Self-Care Assessment items used for Admission Self-Care Score Calculations are:

Sum the Scores of the admission self-care items

Scores can range from 7 to 42, with a higher score indicating greater independence.

Calculate the discharge Self-Care score using the discharge Self-Care score items and valid codes, for the same self-care areas as the admission items.

A resident is excluded if any of the following are true:

1. Resident has an incomplete stay:

Length of stay is less than 3 days: Discharge Date – Admission Date is less than 3 days.

- Resident discharged against medical advice (AMA).
- Resident died while in facility.
- Medical Emergency: Patient's discharge destination: Short-term General Hospital, Long-Term Care Hospital (LTCH), Inpatient Psychiatric Facility, Critical Access Hospital
- Patients discharged directly to another IRF: Another Inpatient Rehabilitation Facility.

2. The resident is independent with all self-care and/or mobility activities at the time of admission.

Selfcare Wheel

