

### Safe Medications

Acyclovir  
 Advil (Ibuprofen)  
 Albuterol  
 Allopurinol  
 Amoxicillin  
 Augmentin  
 Ampicillin  
 Ancef (Cefazolin)  
 Atrovent  
 Bactrim \*after 2 months old  
 Bactroban (Mupirocin)  
 Barium  
 Benedryl (Diphenhydramine)  
 Biaxin (Clarithromycin)  
 Ceftin (Cefprozil)  
 Claritin (Loratidine)  
 Colace (Docusate)  
 Coumadin (Warfarin)

### Safe Medications

Dextromethorphan  
 Difcucan (Fluconazole)  
 Domperidone  
 Elimite (Permethrin)  
 Flouride  
 Gentamicin  
 Heparin  
 Hydrocortisone Cream \*Topical  
 Imitrex (Sumatriptan)  
 Imodium (Loperamide)  
 Insulin  
 Kaopectate  
 Macrobid/Macrodantin (Nitrofurantoin)  
 Maalox (Loperamide)  
 Milk of Magnesia  
 Monostat (Miconazole)  
 Motrin (Ibuprofen)  
 Nix (Permethrin)

### Safe Medications

Nystatin  
 Omnicef (Cefdinir)  
 Pepcid (Famotidine)  
 Robitussin (Guaifenesin)  
 Rocephin (Ceftriaxone)  
 Scopolamine Patch  
 Septra \*after 2 months old  
 Suprax (Cefixime)  
 Synthroid (Lefothyroxine)  
 Tagamet (Cimetidine)  
 Tylenol  
 Valtrex (Valcyclovir)  
 Xopenex  
 Zantac (Ranitidine)  
 Zithromax (Azithromycin)  
 Zyrtec (Cefirizine)  
 Over the Counter Cough/Cold/Sore Throat Remedies

### Medication Reducing Milk Production

- Antihistamines
- Sedating medications
- Some decongestants
- Some weight loss medications
- Diuretics
- Very high doses of vitamin B6
- Hormonal contraceptives containing estrogen
- Nicotine
- Ergot alkaloids

### Herbal Supplements - Warning

In general most herbal supplements have not been studied and as a result have not been approved by the FDA. **Their effect on nursing babies is unknown.**

### About Anti-Depressants

**Medications such as anti-depressants (Prozac, Zoloft, Paxil) are in a category in which there are either no controlled studies in breastfeeding women, or controlled studies show only minimal non-threatening adverse effects. Because there are not enough studies to deem them "safe", each patient must weigh whether the potential benefit of taking the medication justifies the potential risk to the baby. Consult your physician.**



By [deleted]  
[cheatography.com/deleted-2754/](https://cheatography.com/deleted-2754/)

Not published yet.  
 Last updated 10th May, 2016.  
 Page 1 of 1.

Sponsored by **Readable.com**  
 Measure your website readability!  
<https://readable.com>