# Cheatography

## Persuasion Principles Cheat Sheet by [deleted] via cheatography.com/2754/cs/11001/

#### **Persuasion Principles**

**Alignment:** When everything lines up, there are no contradictions to cause disagreement.

Amplification: Make the important bits bigger and other bits smaller. Appeal: If asked nicely, we will follow the rules we have made for ourselves.

**Arousal:** When I am aroused I am full engaged and hence more likely to pay attention.

**Association:** Our thoughts are connected. Think one thing and the next is automatic.

Assumption: Acting as if something is true often makes it true.

Attention: Make sure they are listening before you try to sell them something.

Authority: Use your authority and others will obey.

**Bonding:** I will usually do what my friends ask of me, without negotiation.

**Closure:** Close the door of thinking and the deal is done. **Completion:** We need to complete that which is started.

**Confidence:** If I am confident, then you can be confident.

**Conformance:** People are driven to obey rules.

**Confusion:** A drowning person will clutch at a straw. So will a confused one.

**Consistency:** We like to maintain consistency between what we think, say and do.

**Contrast:** We notice and decide by difference between two things, not absolute measures.

Daring: If you dare me to do something, I daren't not do it.

Deception: Convincing by trickery.

**Dependence:** If you are dependent on me, I can use this as a lever to persuade you.

**Distraction:** If I distract your attention, I can then slip around your guard.

**Easy:** I like things which are easy (and not things which are difficult). **Evidence:** I cannot deny what I see with my own eyes.

**Exchange:** if I do something for you, then you are obliged to do something for me.

Experience: I cannot deny what I experience for myself.

**Fragmentation:** Break up the problem into agreeable parts.

Framing: Meaning depends on context. So control the context.

Harmony: Go with the flow to build trust and create subtle shifts.

Hurt and Rescue: Make them uncomfortable then throw them a rope.

Interest: If I am interested then I will pay attention.

Interruption: Break the flow.

**Investment:** If I have invested in something, I do not want to waste that investment.

Involvement: Action leads to commitment.

Logic: What makes sense must be true.

Objectivity: Standing back decreases emotion and increases logic.

Obligation: Creating a duty that must be discharged.

Ownership: I am committed to that which I own.

#### Persuasion Principles P - Z

Passion: Enthusiasm is catching.

Peer Pressure: We do what we think others want us to do.

Perception: Perception is reality. So manage it.

Persistence: In all things, persistence pays.

Pleading: Asking with attitude.

Positivity: Use positive methods.

Priming: Prior informational influence.

Pull: Create attraction that pulls people in.

Push: I give you no option but to obey.

**Repetition:** If something happens often enough, I will eventually be persuaded.

**Scarcity:** I want now what I may not be able to get in the future. **Similarity:** We trust people who are like us or who are similar to people we like.

Simplicity: Simple means easy to understand and agree.

Social Compliance: The pressure to conform.

Social Proof: When uncertain we take cues other people.

Specificity: People fill in the gaps in vague statements.

Substitution: Put them into the story.

**Surprise:** When what happens is not what I expect, I must rethink my understanding.

Tension: I will act to reduce the tension gaps I feel.

Threat: If my deep needs are threatened, I will act to protect them.

**Trust:** If I trust you, I will accept your truth and expose my vulnerabilities.

Uncertainty: When I am not sure, I will seek to become more certain.

**Understanding:** If I understand you, then I can interact more accurately with you.

Unthinking: Go by the subconscious route.





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