

# Nursing Diagnoses by Functional Health Patterns Cheat Sheet by [deleted] via cheatography.com/2754/cs/8330/

# 1. Pattern Perception and Control of Health

Altered health maintenance

Altered protection

Ineffective management of therapeutic

regimen

Infection

High risk of injury

High risk of poisoning

High risk of suffocation

#### 2. Pattern Nutrition and Metabolic

High risk for altered nutrition: intake exceeds the body's needs.

Altered nutrition: intake exceeds the body's

Altered nutrition: eating less than the body needs.

Effective breastfeeding

Ineffective breastfeeding.

Interrupted breastfeeding.

Ineffective infant feeding pattern.

High risk of aspiration

Swallowing disorder.

Altered oral mucosa.

High risk for fluid volume deficits.

Fluid volume deficits.

Excess fluid volume.

High risk for impaired skin integrity.

Impaired skin integrity.

Impaired tissue integrity.

High risk for altered body temperature.

Ineffective thermoregulation.

Hyperthermia.

Hypothermia.

#### 3. Elimination pattern

Constipation

Constipation perceived

Colonic constipation.

Diarrhea.

Bowel incontinence.

Altered urinary excretion

Functional incontinence

Stress incontinence

Urge incontinence

Total incontinence

Reflex incontinence

Urinary retention

## 4. Pattern of Activity and Exercise

Activity intolerance.

Inability to sustain spontaneous breathing.

High risk of activity intolerance.

High risk for peripheral neurovascular

dysfunction.

Impaired physical mobility.

High risk of syndrome of disuse.

Fatigue.

Forgot Unilateral

Self-care deficit: bathing / hygiene.

Self-care deficit: dressing / under

Self-care deficit: feeding.

Self-care deficit: evacuation.

Deficit recreation

Household altered.

Ineffective cleaning air.

Inefficient breathing pattern.

Altered gas exchange.

Decreased cardiac output.

Altered tissue perfusion (renal, cerebral,

cardiac, gastrointestinal, peripheral)

High risk of trauma

### 5. Standard of Rest and Sleep

Altered sleep patterns.

# 7. Self-perception and self-concept pattern

Fear

Anxiety

Despair

Sense of powerlessness.

Body Image Disorder

High risk of automutiliaciin.

Personal identity disorder.

Disorder of self-esteem.

District of self esteem

Chronic low self-esteem

Situational low self-esteem

## 6. Cognitive and Perceptual Pattern

Pain.

Chronic Pain

Alterations sensory / perceptual (visual, auditory, kin esthetic, gustatory, tactile, olfactory).

Unilateral oblivion.

Knowledge deficits.

Altered thought processes.

Difficult decision

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By [deleted]

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