

Introduction: National Standards for DSMES

2017 NATIONAL STANDARDS FOR DIABETES SELF-MANAGEMENT EDUCATION AND SUPPORT (DSMES)

The updated national standards provide detailed information on the following 10 standards all diabetes self-management education and support (DSMES) providers should seek to meet in order to ensure provision of quality effective services.

Source: Beck J, Greenwood DA, Blanton L, et al. 2017 National Standards for Diabetes Self-Management Education and Support. *Diabetes Care*. 2017;40(10):1409-1419.

Standard 1: Internal Structure

The provider(s) of DSMES services will define and document a mission statement and goals. The DSMES services are incorporated within the organization, whether large, small, or independently operated.

Standard 2: Stakeholder Input

The provider(s) of DSMES services will seek ongoing input from valued stakeholders and experts to promote quality and enhance participant utilization.

Standard 3: Evaluation of Population Served

The provider(s) of DSMES services will evaluate the communities they serve to determine the resources, design, and delivery methods that will align with the population's need for DSMES services.

Standard 4: Quality Coordinator Overseeing DSMES

A quality coordinator will be designated to ensure implementation of the standards and oversee the DSMES services. The quality coordinator is responsible for all components of DSMES, including evidence-based practice, service design, evaluation, and continuous quality improvement.

Standard 5: DSMES Team

At least one of the team members responsible for facilitating DSMES services will be a registered nurse, registered dietitian nutritionist, or pharmacist with training and experience pertinent to DSMES or be another health care professional holding certification as a diabetes educator or board certification in advanced diabetes management. Other health care workers or diabetes paraprofessionals may contribute to DSMES services with appropriate training in DSMES and with supervision and support by at least one of the team members listed above..

DSMES

National Standards for Diabetes Self-Management Education and Support

- Developed by a Task Force that includes the American Diabetes Association, the American Association of Diabetes Educators, experts in the field, and people with diabetes
- Updated every five years
- Designed to define quality DSME and support
- Assist diabetes educators in providing evidence-based education and self-management support.
- Include 10 Standards
http://care.diabetesjournals.org/content/36/Supplement_1/S100.tuif.pdf.html



National Standards for Diabetes Self-Management Education and Support

Standard 6: Curriculum

A curriculum reflecting current evidence and practice guidelines with criteria for evaluating outcomes will serve as the framework for the provision of DSMES. The needs of the individual participant will determine which elements of the curriculum are required.

Standard 7: Individualization

The DSMES needs will be identified and led by the participant with assessment and support by one or more DSMES team members. Together the participant and DSMES team member(s) will develop an individualized DSMES plan.

Standard 8: Ongoing Support

The participant will be made aware of options and resources available for ongoing support of their initial education and will select the option(s) that will best maintain their self-management needs.

Standard 9: Participant Progress

The provider(s) of DSMES services will monitor and communicate whether participants are achieving their personal diabetes self-management goals and other outcome(s) to evaluate the effectiveness of the educational intervention(s) using appropriate measurement techniques.

Standard 10: Quality Improvement

The DSMES services quality coordinator will measure the impact and effectiveness of the DSMES services and identify areas for improvement by conducting a systematic evaluation of process and outcome data.

