Cheatography

NANDA Diagnostic List For Basic Human Needs Cheat Sheet by [deleted] via cheatography.com/2754/cs/8331/

1. BREATH

- Decreased Cardiac output
- Impaired Gas exchange
- Ineffective airways cleaning
- Ineffective Respiratory pattern
- Difficulty maintaining spontaneous ventilation
- Respiratory dysfunctional response to Weaning
- High risk of Asphyxia
- High risk of Aspiration

2. FOOD / HYDRATION

- Nutrition, altered: excess
- Nutrition, altered: by default
- Nutrition, potential alterations: excess
- Liquids, excess volume
- Liquids, Volume Deficit
- Liquids, high risk of volume deficit
- Self-care, deficit: feeding
- Swallowing, impaired
- ■Ineffective Breastfeeding
- ■Interrupted Breastfeeding
- Effective Breastfeeding
- Infant Feeding ineffective pattern

3. DISPOSAL

Constipation

subjective Constipation

Chronic Constipation

Diarrhea

Fecal Incontinence

Urinary, impaired elimination

Urinary incontinence: stress

Urinary Incontinence: reflects

Urinary Incontinence: emergency

Urinary Incontinence: Functional

Urinary Incontinence: total

Urinary, retention

Self-care, deficit: use the potty / toilet

4. MOBILIZATION

Disuse, high risk of syndrome

Physical mobility, disorder

Peripheral Neurovascular, high risk of

dysfunction

Activity intolerance

Fatigue

Activity, high risk of intolerance

5. REST / SLEEP

Sleep pattern disturbance

6. WEAR PROPER CLOTHING AND CHOOSE

Self-care, deficit: dressing / grooming

7. TEMPERATURE

Body temperature: high risk of impaired

Hypothermia

Hyperthermia

Ineffective Thermoregulation

8. HEALTH / SKIN

- Tissue perfusion, altered (specify) renal
- Cerebral, cardiopulmonary, gastrointestinal, peripheral.
- ■Tissue, impaired integrity
- Oral mucous membrane, altered
- Skin, impaired
- Cutaneous, high risk of deterioration of the integrity
- Self-care, deficit: bathing / hygiene

9. SECURITY

- Infection, high risk of
- Dysreflexia
- Injury, high risk
- Poisoning, high risk of
- ■Trauma, high risk of
- Protection, impaired
- Family, alteration processes
- Role of caregiver, overexertion in
- The role of caregiver, high risk to overuse in the
- Defensive coping

9. SECURITY (cont)

- Denial ineffective
- Ineffective family coping: disabling
- Ineffective family coping: engaged
- ■Therapeutic regimen, ineffective management of (individual)
- ■Growth and development, altered
- ■Transfer, stress syndrome
- Pain
- Chronic Pain
- Bereavement dysfunctional
- Early Mourning
- Violence, high risk: self-injury, injury to other
- Self-mutilation, high risk of
- Post-traumatic response
- Rape, traumatic syndrome of
- Violation, trauma syndrome: compound reaction
- Violation, trauma syndrome: silent reaction
- Anxiety
- Fear

10. COMMUNICATION

Verbal, disorder

Social, impaired interaction

Social isolation

Sexual dysfunction

Sexuality, altered patterns of

COPING: ineffective

Sen-so-perceptual alterations (specify)

visual

auditory, kin esthetic, gustatory, tactile, olfactory.

11. Religion / Beliefs

- Spiritual suffering
- ■Treatment, tracking no (specify)
- Decisions, conflict in the making (specify)
- Hopelessness
- Impotence



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12. WORK / BE

- Role, impaired performance
- ■Parenteral, alteration
- ■Parenteral, high risk of disruption
- Parenteral, role conflict
- Adaptation disorder
- Health, generating conducts (specify)
- Home, difficulties in maintaining
- Health, alteration in the maintenance of
- ■Body Image, disorder
- Self-esteem disorder
- Self-esteem, lack of: chronic
- Self-esteem, lack of: situational
- Personal, disorder

13. RECREATIONAL ACTIVITIES

Recreation, deficit

14. LEARN

Coping familiar development potential Knowledge, deficit (specify) Thought, alteration processes



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