Cheatography

Memory Impairment Screen (MIS) Cheat Sheet

by [deleted] via cheatography.com/2754/cs/7258/

Introduction

Overview: Four items from different categories are learned by identifying each item when its category cue is presented. Memory is tested by free recall after a delay with interference. If any items are not retrieved by free recall, the category cues for those items are provided to elicit cued recall of those items.

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Instructions

1. Show patient a sheet of paper with the 4 items to be recalled in 24-point or greater uppercase letters (on other side), and ask patient to read the items aloud.
2. Tell patient that each item belongs to a different category. Give a category cue and ask patient to indicate which of the words belongs in the stated category (eg, “Which one is the game?”). Allow up to 5 attempts. Failure to complete this task indicates possible cognitive impairment.
3. When patient identifies all 4 words, remove the sheet of paper. Tell patient that he or she will be asked to remember the words in a few minutes.
4. Engage patient in distractor activity for 2 to 3 minutes, such as counting to 20 and back, counting back from 100 by 7, spelling WORLD backwards.
5. FREE RECALL — 2 points per word: Ask patient to state as many of the 4 words he or she can recall. Allow at least 5 seconds per item for free recall. Continue to step 6 if no more words have been recalled for 10 seconds.
6. CUED RECALL — 1 point per word: Read the appropriate category cue for each word not recalled during free recall (eg, “What was the game?”).

Test

Word	Cue	Free recall (2 pts.)	Cued Recall (1 pts)
Checkers	Game		
Saucer	Dish		
Telegram	Message		
Red Cross	Organization		

The maximum score for the MIS is 8.

- 5-8 No cognitive impairment
- ≤ 4 Possible cognitive impairment

By **[deleted]**
cheatography.com/deleted-2754/

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