Cheatography

Johns Hopkins Hospital Fall Assessment Tool Cheat Sheet by [deleted] via cheatography.com/2754/cs/17056/

Fall Risk Factor Category I

Scoring not completed for the following reason (s) (check any that apply):

Patient has experienced a fall during this hospitalization

____ Patient has a history of more than one fall within 6 months before admission

- Patient is deemed a high risk per protocol (e.g. seizures)
- ____ Patient has a lack of understanding of one's physical and cognitive limitations

Fall Risk Factor Category 2

For those patients who are not in the above category, complete the following risk assessment tool and calculate fall risk score. If no box is checked, the score for the category is 0.

Fall History

pts (select one)

One fall within 6 months before admission (5 points) No falls (0 points)

Elimination, Bowel and Bladder

pts (select only one)

- ____ O No incontinence, urgency, or frequency (0 points)
- ____ D Incontinence (2 points)
- ____ Urgency or frequency (2 points)
- ____ Urgency/ frequency & incontinence (4 points)

Medications:

pts (select one)

- ____ On 1 high fall risk drug (3 points)
- ____ On 2 or more high fall risk drugs (5 points)
- Sedation procedure within past 24 hours (7 points)

Includes PCA/ opiates, anti-convulsants, anti-hypertensives, diuretics, hypnotics, laxatives, sedatives, and psychotropics

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Patient Care Equipment:

pts (select one)

- ____ One present (1 point)
- ___ 🗆 Two present (2 points)

Any equipment that tethers patient, e.g. IV infusion, chest tube, indwelling catheters, SCDs, etc.

Mobility

pts (Multiple select, choose all that may apply and add points together)

____ C Requires assistance or supervision for mobility, transfer, or ambulation (2 points)

- ___ O Unsteady gait (2 points)
- A visual or auditory impairment affecting mobility (2 points)

Cognition

pts (Multiple select, choose all that apply and add points together)

____ O Altered awareness of immediate physical environment (1 point)

- __ D Impulsivity/ poor safety judgment (2 points)
- __
 Short term memory loss (2 points)

Total points scored

____ Total

Moderate risk = 5-12 total points. High risk = 12 points or greater

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